

CHAPTER II – THE TOWER OF BABEL

Morpheus: The Matrix is [...] the world that has been pulled over your eyes to blind you from the truth.

Neo: What truth?

Morpheus: That you are a slave, Neo. Like everyone else, you were born into bondage, born into a prison that you cannot smell or taste or touch. A prison for your mind. (*Matrix*¹⁹, right before the character wakes up).

(1st) “The Tower of Babel”²⁰ is a biblical story in which psychological confusion arose among people by the separation of languages. Because of this, this chapter aims to bring certain hidden aspects of language to light

(2nd) This chapter is divided into four sections to make it easier to follow: Section One — How the Senses Are Deceived to Hide Reality; Section Two — The Influence of the Second Vatican Council and the Attack on Positive Concepts; Section Three — The Anatomy of Domination; and Section Four — Mechanisms of Controlling Knowledge.

Section One: How the Senses Are Deceived to Hide Reality

(3rd) The Tower of Babel tricks the senses to hide reality. It represents the system we live in — our social organization. The movie *The Matrix* is often used as a metaphor for this today. In the movie, the book *Simulacra and Simulation* by Jean Baudrillard is referenced. This makes us understand that our system creates a psychological reality to hide and change material reality.

(4th) In this case, the simulacrum is like a model based on real life but meant to change it. It’s like if, in *Alice Adventures in Wonderland*, the character didn’t actually fall into the rabbit hole but came out of it. After that, Wonderland exists in her mind — even though it’s not real — changing the way she lives and, consequently, her physical reality.

(5th) The movie is also linked to *Plato’s Allegory of the Cave*, where reality is shown to people indirectly, making them believe in something fake. From inside the cave, the prisoners saw shadows and heard sounds that made them think they knew what was happening. They aren’t part of the real events they think they’re seeing — but the fake reality becomes part of their memories as if it’s real.

(6th) *The Matrix* tells the story of an illusion where humans live in a vegetative trance, dreaming they have an active life — but it’s actually a mental construction

¹⁹ Direction and script: Lana Wachowski and Lilly Wachowski; production Joel Silver; distribution: Warner Bros. USA, 1999. Source: Wikipedia. Available at: <https://pt.wikipedia.org/wiki/Matrix>.

²⁰ BIBLE, *Genesis* 11:5 e 9 — “And the Lord came down to see the town and the tower which the children of men were building.” “So it was named Babel, because there the Lord took away the sense of all languages and from there the Lord sent them away over all the face of the earth”.

created by machines. Humans are raised inside the same pods where they were conceived, never being born. Based on the idea of the trance, it would be easy to say that the movie is exposing and criticizing a collective hypnosis. After all, hypnosis is a mental construction — almost like hallucinating images of reality.

(7th) However, if we look more closely at the movie, we'll see that the Matrix described is better than the reality outside it. But that's not the case in our system, where people don't realize it's bad because they've never stepped out of it. Yet, it's a system of misery, not abundance.

(8th) The movie *The Matrix* actually flips the idea of what's true in order to convince people to give in to hypnosis. It does this in a subtle way, using beauty and ugliness — because what we find beautiful feels like part of our identity. In the movie, the free world is shown as ugly—with torn clothes and messy hair—while the enslaved world is portrayed as beautiful.

(9th) Ugliness pushes people away, and beauty draws people in. So, two contradictory messages are being sent. The conscious message through dialogue suggests that people leave the Matrix, while the unconscious message through exciting images and music suggests they enter it.

(10th) The Matrix is like the big lie we all live in — a lie held up by vanity. In the movie, because of that lie, people only interact with the machine, not with each other. And that's how it is in real life too — people live to serve the system.

(11th) The Tower of Babel is like the Matrix in real life because our language shapes the world for us. The lack of a clear understanding of words keeps people from understanding each other — or even themselves — leaving them mentally blind.

(12th) In the Bible story, God separated the languages to keep humans from reaching Heaven. Heaven is our highest spiritual and mental state — it's a state of well-being. We reach it when we draw closer to God with a broader vision. So it doesn't make sense to say that God would want to keep us from it, since it's our goal in life to evolve toward it.

(13th) But the builders of our reality do want that. They want to keep everyone else away from Heaven so they can be like gods themselves. The confusion of languages in the Tower of Babel is the opposite of spiritual Heaven—it's a kind of mental Hell, a state of confusion and suffering.

(14th) The Tower of Babel could only have happened in a spiritual sense. In that case, spirits would have tried to reach a higher spiritual level and then been exiled to Earth. After all, having many languages is a natural part of humans being spread across the planet. So maybe this story is an ancient version of a control system like the Matrix—because both stories talk about the lack of connection between people. And that's what leads us into slavery. We are psychological beings—that's our strength, and also our weakness.

(15th) Our brain is a sixth sense that coordinates the other senses, just as it does in other animals, working mechanically and instinctively to keep us alive. But our mind is a seventh sense—it can see, hear, speak, and feel beyond our physical senses. That's what sets us apart from other animals.

(16th) We can consciously see things while picking up unconscious details. Enhancing this way of reading reality is what we call *superconscious perception*. But, on the other hand, if we are psychologically blinded, all our physical senses begin to fail.

(17th) In superconscious perception, the unconscious works like a file we can access, choosing what we want to expand our understanding. The character Sherlock Holmes illustrates this kind of reading when he's able to figure out events he didn't witness by noticing small details in the environment. Our minds work the same way — picking up details.

(18th) This kind of reading is available to everyone, as long as they develop their minds. But the system convinces people that it isn't—because lacking it makes us weaker. That's why, many times, people can't even see what's obvious.

(19th) Anything that can reveal truth and deepen our understanding is subtly suppressed by dominationists. That's especially true of art—particularly literature—which uses unconscious symbolism capable of breaking through the mental barriers created by ideological control. That's why songs with meaningful lyrics are so often hypocritically suppressed.

(20th) But the unconscious symbolism expressed through art is often confusing, and we all need to hear and speak the truth in a direct way. The only way to do this is to remove confusion from people's minds.

(21st) The most neutral way to reduce tension and access the unconscious is through dreams — but dreams are also confusing. What I want to focus on here is a mind that's awake to reality. Still, we do need to sleep and dream, because the lack of control and awareness in dreams helps clear our minds. Without that, we break down.

(22nd) At the same time, even though the lack of tension can increase our ability to read reality, it can come from either a clear conscience or from an insensitive mind. A person who doesn't see or doesn't regret their sins has an insensitive mind. And that's often used to cause the mental blindness that serves the Tower of Babel. So, feeling regret—having remorse—is healthy and even necessary for us to change.

(23rd) However, too much remorse is also a limiting belief used by the Tower of Babel to create mental confusion. If someone has too much remorse, it's as if they're demanding perfection from themselves — comparing themselves to God. Everyone sins, and if we admit our mistakes, we admit our humanity. Small mistakes in minor responsibilities prepare us not to make bigger mistakes later.

(24th) Remorse is a kind of self-condemnation that leads to a guilt complex—a generalized sense of guilt. This takes away our personal faith, which is what gives us the motivation to overcome evil. The Tower of Babel encourages this by demanding perfectionism, making people feel guilty for any mistake at all. That way, society morally condemns individuals even when the wrongdoing happens without their responsibility. This destroys psychological peace, which is why it blocks superconscious perception.

(25th) So we have to get rid of remorse, and the best way to do that is to pay for our sins. The biggest obstacle to this is that people don't understand that even feeling anger toward someone or toward events is a sin²¹. That creates a kind of mental buildup that goes unnoticed. That's why we can only be considered truly evolved when we free ourselves

²¹ BIBLE, *I John* 1:8,9 — “If we say that we have no sin, we are false to ourselves and there is nothing true in us. If we say openly that we have done wrong, he is upright and true to his word, giving us forgiveness of sins and making us clean from all evil.”

from anger. God is the one who allows events to happen, and He is the Father of us all—friends and enemies alike.

(26th) As the reader can see, I don't minimize sin. We sin even in thought. In fact, to be more exact, we sin only through thought—actions are only its consequences. Bad thoughts alone are enough to cause harm. However, not every bad thought is a sin, even if it hurts us, because it doesn't always come from bad intentions or insensitivity. To free ourselves from bad thoughts—which is in our own best interest—we need to observe them from a distance and take control over them. And this correction is necessary because bad thoughts create bad feelings, which in turn create bad actions.

(27th) The essence of being is whole; the essence of sin is partial. Sin is something that compromises our wholeness. If we let it weigh on our minds and stay in us, it makes us partial—because it corrupts us. If we believe we *are* our sin, we'll see ourselves as having less value. If that part is removed while it's still small—by avoiding bad thoughts—so much the better. That's why it's ideal to always stay in a state of spiritual purity, to keep evil from growing.

(28th) When we can't make up for our sins, we should at least release our remorse by confessing it, so we can free ourselves from the spiritual pain that this feeling causes.

(29th) In that case, it's best to find a professional — religious or not. Otherwise, a person risks passing their burden on to others. People who work in this field are at least aware that they'll have to face things like that. And if the mental confusion is related to sexuality, it may be better to talk to someone of the same sex. If not, the discomfort of speaking to the opposite sex might leave the person even more confused.

(30th) A single confession is enough to put an end to remorse, if we truly repent and try to correct ourselves. If we hold on to that feeling unnecessarily, it will become a weight that ties us to the past and stops us from becoming better. After all, none of us is an exception — all of us are constantly changing and evolving. But we all make mistakes. That's why we shouldn't condemn anyone — neither ourselves nor others.

(31st) If we condemn others, we face the consequences, just like in the *Parable of the Unforgiving Servant*²². In this parable, a servant who owed a king was forgiven his debt. But then, after leaving the king, he condemned a fellow servant who owed him. This outraged their peers, who told the king about it. The king then called him back to demand all his debts and punish him, just as he had done to his fellow servant.

(32nd) God is that king, and our minds don't work with double standards. If our minds condemn others, they condemn us too. So we can't escape the consequences of condemning someone else. We're punished for it—whether by the God outside or the God within—because in practice, the result is the same. God is in us and governs us from within.

²² BIBLE, Matthew 18:21-35

(33rd) I should point out that I don't want to oppress anyone with my beliefs. Everyone can read this in their own way, because our minds are driven by love—and without love, they regress and sabotage all of reality.

(34th) I've often made public confessions because of a lack of self-control in keeping to myself what was on my mind. This helped me a lot, since I received feedback and guidance from those around me. Through that, I was able to correct many of my mistakes and get rid of a lot of remorse. But it was also bad for those people, because my emotional state affected them too—which isn't ideal either.

(35th) If we're sincere all the time and live a public life—therefore more limited in destructive actions—we have a better chance of evolving without major psychological accidents and without passing on mental confusion. But we must avoid disturbing those around us with our doubts, by not saying absolutely everything that comes to mind—because not every thought is true.

(36th) The system encourages bad feelings because it wants us to be obedient. When a person has a guilt complex — leading to a lack of self-confidence and the rise of negative thoughts — they often feel free from it only by obeying. In other words, they give up free will in an attempt not to sin. This, besides making people easy to control, keeps them from expressing themselves. And when they do express themselves, they do so hesitantly.

(37th) But we always need free will. Free will is the power humans have to express themselves and act according to their own free understanding and personal will. If we don't exercise it, it's as if we're not truly ourselves. As Saint Augustine²³, reminds us, without free will there is no sin. But claiming a lack of free will doesn't free us from guilt either, because we all have it, even if we don't use it.

(38th) The blocking of personal expression by the Tower of Babel affects both speaking and listening, both the conscious and the unconscious. When the blockage targets the unconscious first, it affects listening—perception—which is comparable to vision. The small things our minds notice are often things our conscious eyes can't see. We must expand our understanding if we want to make full use of our brain, because the brain sees the whole picture.

(39th) For now, the enemies — the dominationists — have known how to use our minds in their favor better than we use them for ourselves, by stimulating our negative feelings. And what's worse, most people don't believe this happens because they don't see it. But it's easy to reach the unconscious through chemical stimulation. Humans think that everything in their minds must be visible to the ego—their conscious part—and they neglect the rest of the brain. But our unconscious is bigger than the ego and can't fit into it. Moreover, it only does its job well if it's not under conscious control. It can be used through deeper awareness, but it loses its purpose if it's limited. The conscious and the unconscious need to work together — one capturing, the other interpreting — in order to select what is necessary or discard what gets in the way.

²³ **Augustine of Hippo** (354-430 d.C.) — also known as **Saint Augustine**, was a theologian and philosopher of Berber origin and the bishop of Hippo Regius in Numidia, Roman North Africa. His writings influenced the development of Western philosophy and Western Christianity, and he is viewed as one of the most important Church Fathers of the Latin Church in the Patristic Period. Source: Wikipedia. Available at: en.wikipedia.org/wiki/Augustine_of_Hippo.

(40th) The Tower of Babel works by making understanding superficial. Through irritation, it blocks our psychological development. Deepening these mental stages is what allows us to expand our minds through superconscious perception. At the same time, the more we mature, the deeper and more evolved our understanding becomes, and so this reading improves. That's why the Tower of Babel also tries to interfere with our maturity.

(41st) In addition, this ability also requires us to avoid lying, because lying is like a dead end in the progression of our minds. Truth moves forward—truth is a logical step. A lie is a rejection of that logic, which is why it's not a step toward progress. So, in short, to reach this development it's necessary to LIVE IN TRUTH, SPEAK THE TRUTH, and HAVE A CLEAR CONSCIENCE.

(42nd) Faith is a kind of psychological maturity. A person without faith is, generally speaking, at the very least someone who neglects a large part of their own intelligence—one that's vital to them. Someone who doesn't have faith in God, for example, tends to think they can control everything, and that keeps them from a deeper understanding that sees facts as part of logical and universal laws.

(43rd) Santos Dumont²⁴, for example, took his own life when he saw his invention being used in war to kill. He had the personal faith to become the great inventor he was, but on the other hand, he collapsed psychologically. Most likely, he felt a guilt complex for not having patented his invention, as if he were partly responsible for the war's killings. What he lacked was faith in the supreme truth — because even a needle can be used to kill. Besides, all our inventions, sooner or later, belong to all of humanity.

(44th) The greater our faith, the more we can benefit from our minds, because God — even for those who believe in Him as a highly evolved state of mind — is the one who empowers us. If needed, even the future can be revealed to us, since, in higher dimensions, time is relative.

(45th) One possible example of future prediction through unconscious reading — though it wasn't taken seriously — happened with my mother. She told me about a dream she had, where she saw herself getting into an accident. The next day, the accident happened exactly the way she had dreamed and described it. She vaguely remembered having seen the young man — the one who caused the crash — at the same bank she had gone to the day before the dream.

²⁴ Brazilian **Alberto Santos Dumont** (1873-1932) and the controversy over the invention of aircrafts — Origami airplanes are invented all the time. We don't always know who came up with these small inventions. Leonardo da Vinci (1452-1519), for example, was often imitated in aircraft designs. Karl Wilhelm Otto Lilienthal (1848-1896) was one of the first people to use large kites to glide. He created the prototype of the hang glider. The Wright brothers (Wilbur 1867-1912 and Orville 1871-1948), when they invented various types of airplanes, were trying to achieve what Santos Dumont had done. However, they didn't succeed. Santos Dumont must be considered the inventor of aircraft because he had something that set him apart: he created a machine reliable enough to be truly used as transportation. He was the first to succeed in discovering something capable of taking off by itself instead of being launched or depending solely on atmospheric conditions. The first of his airplanes to fly publicly was the 14-Bis on October 23, 1906. Previous inventions before the 14-Bis were not reliable. Airships, a type of invention he also contributed to, were practically abandoned after the Hindenburg tragedy in 1937, which killed 36 people. Aircrafts before these airships were even more limited. Santos Dumont did not patent his invention so it could develop as much as possible.

(46th) She was a local judge and owned a rural property where she'd spend her weekends. The young man was suspected of drug dealing because he used drugs. In her dream, the crash happened on a stretch of road with a wide curve, where drivers could clearly see oncoming traffic from far away.

(47th) When she reached that spot, she saw his car speeding toward hers — just like in the dream — but she didn't believe it would actually happen. She started slowing down until her car climbed up the roadside embankment and came to a stop. That helped lessen the impact, but the crash still happened. Even so, she stayed calm — helped everyone involved, called forensics, and went to have her teeth reimplanted as if it were just another part of her day. In other words, the dream still proved useful.

(48th) If we go with the idea of unconscious reading, maybe she picked up on the guy being anxious to get high and figured out the rest without realizing. After all, their properties were close, and they often passed each other by car near that same spot. But as a judge, she wouldn't allow herself to see that — even if it was obvious — avoiding the conclusion that he was an addict so she wouldn't judge him without proof. Because of that, she was blind to those details.

(49th) The same goes for people who dream about plane crashes — or other types of air disasters — and end up surviving because they cancel their trip. It's easier to believe in those kinds of dreams because plane travel is less common. In those cases, it's possible their unconscious picked up on something — a smell of rain, a shift in frequency, some change in the rhythm of vibrations in the psychosphere²⁵. Bats emit sound waves that bounce off objects and come back altered. That tells them what's around them. In the same way, we respond to vibrations too.

(50th) For those who believe in spirits, these would be spiritual warnings — and I believe in that too. Still, even spirits would need a more advanced mental capacity to be able to predict the future. And if the mediumistic episode isn't very clear, a superconscious perception is also necessary for us to see the logic in the warning and believe that what was shown could actually happen.

(51st) Things we'd swear we never saw or heard are often perfectly recorded by our unconscious. All that's left is to bring them into awareness when we need them. The unconscious reads our lives like it's reading a book — and so it knows the consequences. It understands the rules that make up the story of real life, like someone who knows the rules behind creating fiction. Some situations come with a kind of intuitive certainty, like when we know we're going to fall because we can feel we're losing balance.

(52nd) Poets are like antennas for messages from the individual and collective unconscious because they work with the sound of words. And that brings meanings tied to the origins and creation of language. A word's unconscious heritage is vast, and there's a set of hidden forces that push it toward the truth.

(53rd) Most people, however, have little faith and a reduced perception of reality. That's why oppressors often kill those who reveal the truth, especially when it goes against their interests — because in the human world, truth makes oppression

²⁵ Psychosphere, in this context, refers to the psychic atmosphere, a layer of electromagnetic energy that covers the Earth, originating from the individual electromagnetic fields of each person, known as personal psychospheres. It influences everyone and creates a subliminal form of communication, which, for most people, is expressed through sensations and feelings. Examples of this are when people say they feel that an environment is "light" or "heavy."

impossible, and oppression is built on lies. An example of this is the murders of prophets described in the Bible.

(54th) Just like what happened to the prophets, during the Brazilian military coup, many musicians and poets were threatened with death to silence them. But most were not because this possibility was known to all. However, an immeasurable number of intellectuals were killed — because they were less known to the general public.

(55th) The Tower of Babel opposes our healthy language because it is also healing, and the system, guided by the dominationists, wants us to be mentally ill to stop us from acting. So, the system inserts wrong words into the public discourse to mislead us and sends bad messages through other sound channels as well. The Tower of Babel attacks human communication at every level: external radiation, internal body communication, and deep thought. In short, it uses many tricks to trap and stop people from developing.

(56th) Take, for example, how little knowledge about sound are shared or discussed. And yet there's a whole universe of information on this subject. Verbal communication is only one part of sound communication. And when it comes to sound, it's hard to know its limits — especially if we think about the fact that everything has a frequency. This shows us that sound is also only a part of communication through vibrations.

(57th) In communication, frequency can be linked to material waves like sound, which needs a material medium to travel through, but it can also refer to electromagnetic waves, which are self-sustaining frequencies that don't need a medium. They are detached from the electrical source that created them and are sustained by their own electricity and magnetism, regardless of the medium they're in. Our thoughts are electromagnetic waves, just like radio transmissions. This opens up a vast field for us to explore how great our capacity is — and how much the system holds us back.

(58th) There are sounds that our ears can't hear but that our minds can pick up—like ultrasounds²⁶ and infrasounds²⁷. These can even be used as weapons²⁸. However, most people have never heard of this and don't recognize it. As a result, they can't perceive it. We need names and concepts to be able to perceive things and understand ourselves. We are conceptual beings.

(59th) The higher dimension of humanity is the real revolution we need—and it requires truth in order to appear. But how can we have that if, in the Tower of Babel, we live in a web of omissions and lies? We are trained not to see the truth, as if lies were everywhere. But at some point, truth shows up. And when it does, we have to choose it—because only then can we break out of this cycle.

(60th) Human beings tell lies sometimes because they don't know the truth, or they don't understand how serious it is. But, our true language, beyond human languages, is the truth. And this is also God's language. When there is no truth, the channel to Him is closed.

²⁶ Ultrasounds – Extremely high-pitched sound waves, with a frequency above 20,000 Hz, thus considered inaudible, as they fall below the audible range of the human ear. They are widely used in medical exams, on ships, etc. Source: wikipedia. Available at: en.wikipedia.org/wiki/Ultrasound

²⁷ Infrasounds – Extremely low-pitched sound waves, with a frequency below 20 Hz, thus considered inaudible, as they fall below the audible range of the human ear. Source: wikipedia. Available at: en.wikipedia.org/wiki/Infrasound.

²⁸ Sonic weapons are a topic discussed in the post-chapter 2 of chapter IX.

^(61st) Because of lies, which are a tool of control, today all areas of knowledge are artificially held back. Psychology itself, up to now, has often worked more for the side of those who drive people insane than for those who have been made insane. Many times, psychologists reinforce domination with the goal of reinserting the person into their social group. In doing so, instead of strengthening a person's identity, they support the social farce — which is what weakens it.

^(62nd) The unconscious and the conscious are a whole, but lies break their integrity and cause parts of our identity to be lost. This is what makes the mind suffer from a lack of harmony, and that's why we live in a sick social body. If we don't wake up to the truth, we can't achieve complete balance.

^(63rd) The fight that those in power wage against people is mainly psychological. They seek self-control for themselves but fight against the self-control of the dominated. After all, how can you control something that has self-control? Only a lack of control justifies control. So, the ideological constructs of the Tower of Babel create psychological environments that push people into a state of imbalance.

^(64th) At the same time, we accept what the system offers us — even the bad feelings — because feelings fill our lives. Without them, we feel an existential void. So, the system provokes victim mentality²⁹, which is an excess of sensitivity in a negative, selfish way, stimulated by bad news and sad stories. This feeling separates people by convincing them that their problems are someone else's fault. And all of this makes them allow themselves to be hypnotized.

^(65th) The manipulation of feelings is one way the Tower of Babel deceives the senses. Bad feelings reduce our ability to read reality. It's an industry of suffering—because suffering also blinds us mentally. Society, caught in victim mentality, has become addicted to complaining. But complaining usually doesn't express truth, only bad feelings. And victim mentality is also a kind of insensitivity toward others — the person becomes overly concerned with themselves and forgets everyone else.

^(66th) Healthy sensitivity is opposed by the system because it expands our intellectual capacity. That's why the Tower of Babel works to provoke not only bad feelings, but also insensitivity. For example, it pushes people toward sexualization. It uses subliminal messages in the media to excite people—or simply to desensitize them. While people are excited, they don't go deeper into their thoughts. They become insensitive to everything else because of the sexual anticipation created in the body by arousal.

^(67th) Messages that create excitement can make us allow things we would never normally accept. And because of that, we become co-creators in the drama of the Tower of Babel. When we become aware of what's happening, we realize it's obvious—but we're being led without even noticing.

^(68th) Nowadays, we see clear pornographic suggestions that reduce the meaning of romantic relationships to just sex. But this information enters people's minds unconsciously because it's not confirmed by words that define it but is only expressed through choreography and repeated in songs describing meaningless sex.

²⁹ The feeling of being a victim, meaning someone who is fragile and is harmed by another person without having any defenses against it.

(69th) The government doesn't declare these broadcasts illegal, and the Church doesn't say they're immoral — even though they are both. So, they are unconsciously accepted by the public since the system doesn't condemn them.

(70th) In a desensitization technique, our sensitivity is attacked *before* we see or hear something meaningful. For example, once I saw a video with beautiful images, and in the middle of the Hawaiian music playing, the word “glaucoma” was mentioned. If someone thinks about glaucoma before seeing something beautiful, it suggests that they won't really see it — so, their emotional response to beauty is blocked. In another video, with a song by Renato Russo³⁰ about human relationships, there was a commercial before it that said: “Your mom follows you and controls you because she loves you.” That kind of message ruined the emotional sensitivity needed to hear the song, because it suggested bad relationships.

(71st) Desensitization makes people incapable and controlled by the system because they're left emotionally numb and without healthy stimulation. This lack of sensitivity leads to a lack of attention — which is the clearest form of psychological blindness.

(72nd) In these inductions, different objects are presented, but they're all tied to a shared underlying idea that leads to a bigger main idea. For example: first comes a shampoo ad, then a fabric softener ad, then a car ad, and finally a beer ad. These things have nothing in common, but the first three push the idea of a romantic relationship. In the first, a man runs his hand through a woman's hair. In the second, family members hug. In the third, a man drives by trying to impress women. Then comes the beer ad — and the romantic relationship idea is replaced by one of sex without feelings: a woman in skimpy clothes selling beer to a group of men. This sequence, in fact, highlights female insecurity against male domination — because it's basically an encourages sexism in real life.

(73rd) Since the ads shown have no real connection with each other, the viewer doesn't keep a consistent line of thought. Their ideas don't evolve because they're constantly interrupted by others, and instead of reaching a rational conclusion, they only react chemically.

(74th) This induction happens in shows too. For example, cartoon characters stick their fingers in their throats when looking at broccoli, spinach, or anything natural, saying “yuck!” At the same time, they excitedly shout, “Hamburger!” or “French fries!” This makes kids reject healthy food and feel more drawn to commercial junk food. Popeye³¹ was created to encourage people to eat spinach, but psychological conditioning quickly discourages good eating habits.

(75th) Hypnosis has created a new kind of slavery through food — even though it has always existed. In the past, this was obvious. Now, people don't believe it's real. But they give up cheap, healthy food in exchange for toxic, expensive products — becoming completely dependent on the system to provide them with processed food. A person who only eats what they're given, and only when it's given, is a slave.

³⁰ **Renato Manfredini Jr** — better known as **Renato Russo** (1960 – 1996), was a Brazilian singer, songwriter, producer, and multi-instrumentalist. He was the leader, vocalist, and founder of the alternative rock band Legião Urbana, which consisted of him, Marcelo Bonfá, and Dado Villa-Lobos. Source: wikipedia. Available at: en.wikipedia.org/wiki/Renato_Russo.

³¹ *Popeye the Sailor* — is a fictional cartoon character created by Elzie Crisler Segar. The character first appeared on January 17, 1929, in the daily King Features comic strip Thimble Theatre. Source: Wikipedia. Available at: en.wikipedia.org/wiki/Popeye.

(76th) Hypnosis³² has been carried out on people without them noticing because it's not something so obvious. The hypnotized person is drawn into it.

(77th) Audiovisual media can easily hypnotize us. For example, once the phrase “CAN’T DO IT” was spread by a meme featuring Silvio Santos. It’s a defeatist frase and created all kinds of mental barriers. At that time, I saw a child running as if tied up, repeating, “I can’t do it,” and after I said, “Yes, you can! Of course you can!” the child took off.

(78th) Hypnosis is the greatest expression of the Tower of Babel. It was one of the ideas that came to me strongly during my enlightenment, and I knew nothing about it. That’s why it seemed unreal to me — until I discovered that I was hypnotized. Suddenly, I saw two conflicting personalities emerge within me. In the end, I concluded that everyone around me was in the same trance. People see themselves and others through the personalities of celebrities in the media or as characters from fictional stories and games, among other things. They think it’s normal because they’ve never known another reality. But the truth is that their identities become distorted.

(79th) Hypnosis can only take place if the hypnotized person allows it. That’s why the system causes bad feelings and disappointments in people — so they will seek hypnosis as a psychological escape or a mental rest to ease that suffering. Like in The Matrix, the message is sent that real life is bad.

(80th) For collective hypnosis, domination—meaning the social structure that controls society—only needs to direct the media according to its interests and ensure ideological uniformity in what is transmitted. Thus, they took over our mass media and fought off opposition and resistance before creating the appearance of freedom we see today.

(81st) After that, newspapers and TV stations began collaborating with the Tower of Babel. News and information were synchronized to manipulate people’s attitudes and opinions. The themes of the news, reports, and fictional stories are dictated by the broadcaster chosen to lead the others

(82nd) The hypnotic trance is like a period during which a person becomes completely distracted by other stimuli, as if they were resting. The mind starts to function automatically, as if the person is focused on waiting for something, but in the meantime, they are distracted from their thoughts. It’s common for us to ask someone watching a TV show, during a commercial break, what they’re watching, and they can’t answer because — they’re in a trance.

(83rd) In short: television and the internet promise connection, but they present disconnected subjects in a disguised way. This is one way to provoke a trance because it breaks the train of thought. At the same time, they present quick conclusions — driven by chemical reactions.

(84th) In spite of all this, every path leads to truth. If we suffer, it’s because we’ve strayed from it—and that’s why we seek it. In this, divine wisdom is revealed. We have emotional intelligence, and insensitivity harms us. Whatever we are insensitive to tends to go wrong and come back to hurt us.

³² Image VI, page 134.

(85th) So suffering not only makes us sick but also heals us. In the current situation, we have to suffer in order to learn not to suffer. If we don't yet have awareness, then many frequencies and absurd thoughts must pass through our minds so that we can reflect on each of them. If we lack information, we must live in order to learn. But if we are lucky enough to be awakened through awareness—which is the recognition of truth—then we no longer crash against the obstacles that would cause us suffering.

(86th) And so, we return to the poets and prophets who, instead of merely repeating information, innovate through language and make words their own. In doing so, they become more sensitive — sharpening their senses and strengthening their minds. They achieve a kind of transcendence of the senses that breaks through the barriers created by lies. But anyone can become sensitive through self-development — and that is exactly why dominationists try to suppress people.

(87th) A sensitive person can perceive forms of communication beyond physical means. Since the mind sends out electromagnetic transmissions, it also receives them and goes beyond the limits of our bodies. In this way, we can even perceive the thoughts of other minds — often by feeling what they are feeling.

(88th) When I experienced enlightenment, I started to sense this — the vibrations of people. I picked up on their feelings even when we talked on WhatsApp. Later, I realized that they almost always sensed what I felt beyond my words, and that I had had lived with this kind of emotional transparency my whole life.

(89th) Some time later, I had a spiritual encounter — first with Jesus and then with other spirits. This was unsettling for me because I claimed to believe in spiritual life, but it had always seemed unreal. Today, what seems unreal to me is not believing in spiritual existence beyond the body, because everything — the entire material world — is made of frequencies. Matter is concentrated energy: it is energy that creates matter, not the other way around.

(90th) That's why our body can control our spirit, but our spirit can also train and guide our body. And this proves that there are two different realities here. I feel our vital energy as something so strong that I don't believe it disappears—it only transfers, just like our thoughts. When we leave the body, I believe we move to another frequency—higher or lower—that our physical senses are too limited to perceive, just like we have limits in hearing. And I have received evidence of this, just as thousands of others say they have.

(91st) In communicating with spirits, I heard them with my mind — the sound wasn't physical, but I understood what they were saying. It was also with my mind that I saw Jesus. He was in the same place as I was, but in another dimension. It felt as if I was remembering something that was happening right then — and yet it stayed in my memory forever as a concrete fact.

(92nd) The Little Shepherds of Fatima³³ and Chico Xavier³⁴ were remarkable people of the last century. They confirmed contact with spirits and were witnessed by thousands of people. It's important to remember that they were of sound mind, despite the fact that the first ones were children. It's also important to note that they had no financial interest in this. The first had contact with Mary, the mother of Jesus, who is a universal spirit, and the second had contact with several famous writers, whose writings he reproduced in their unmistakable styles. This, along with many other things, were seen as evidence. Also, these people had little to no formal education, so they wouldn't have been capable of producing those works on their own.

(93rd) This ability to perceive communication through electromagnetic channels and translate it into physical communication is called mediumship. I believe that the dominationists who lead our systemic domination know about the existence of mediumship. But they try to suppress it — starting by spreading disbelief in it. I myself, if I hadn't experienced mediumistic episodes, would have a hard time believing. When they happened, I was confused because I had been raised in Catholicism.

(94th) This was one of the reasons why Christianity has been so fought against and sabotaged until now. In the biblical episodes that speak of angels and demons, it reveals precisely the existence of spiritual life and the possibility of communication with spirits. And if superconscious perception is already able to go beyond the lies that cause social blindness, spiritual contact does this even more. With this development, the Tower of Babel can no longer deceive our senses — and therefore it cannot hide reality. And if it cannot do that, everything will change.

(95th) Until now, a lot of effort has gone into setting up the stage for this grand theater. But the truth is out there, and mediumship is much more common today. Soon, this farce could end quickly — like a snap of the fingers.

Section Two — The Influence of the Second Vatican Council and the Attack on Positive Concepts

(96th) A council in the Catholic Church is a gathering of bishops from around the world, aimed at updating and giving new guidance to the Church on a global level. The Second Vatican Council was a major event in the Catholic Church, held between 1962 and 1965 at the Vatican (Rome), called by Pope John XXIII and concluded by Pope Paul VI. It marked one of the most significant transformations of the modern era. But to talk about the

³³ **The Little Shepherds of Fátima** — were three children who claimed to have had contact with the mother of Jesus. Their names were: Lúcia (ten years old), Francisco (nine), and Jacinta (seven).

³⁴ **Francisco Cândido Xavier** — widely known in Brazil as “Chico Xavier” (1910–2002), was voted the “Greatest Brazilian of All Time” in 2012, in a program presented by the SBT television network under the same title. The voting was open to the public. For those who don't believe in spirit writings, he should still be considered one of Brazil's greatest writers, with at least 412 books published and written in a literary style comparable to the most renowned authors in the country — something very significant for Brazilians and the world. For those who do believe, he is considered, to this day, the greatest medium for spirit messages that humanity has ever known. Chico Xavier's work followed a tradition known as Christian Evangelical Spiritism. “Spirit writing” is the practice in which a medium, in a trance state, acts as a channel for writings by spirit authors. All his books in Portuguese are available at: <http://www.oconsolador.com.br/linkfixo/bibliotecavirtual/chicoxavier/listacronologica.html>.

positive influence of the Second Vatican Council through the spread of good concepts and the growth of spiritual intelligence, we first need to talk a bit about what these good concepts are — and just how powerful they can be.

(97th) Many people believe in lies and in brute force. Because of that, we live in a world controlled by those things. But when I practiced judo in my youth, I had a profound lesson that challenged this belief in the supremacy of morally corrupt values.

(98th) Judo means “the gentle way.” That means it’s a technique aimed at using less effort while being stronger and more capable in confrontation. This practice has high moral values as its foundation. In it, I discovered that someone who learns how to hurt only learns one thing. But someone who learns not to hurt learns three things: how not to hurt others; how to hurt if needed; and how to protect themselves from being hurt.

(99th) Only when we learn not to hurt do we explore the full mechanics of movement, and because of that, we expand our abilities. Athletes who fight with a focus on winning without hurting view the fight in a more technical, dynamic, and holistic way.

(100th) Living in truth is the same. It means looking at a larger logic, not just at the strike that will hurt the other person. A lie is partial. It’s usually invented based on a possibility of reality. Those who walk the path of truth with positivity learn the logic of the universe and become wiser. This applies to everything. Everything must be built on higher principles, which are that positive path.

(101st) The system mistakenly sees someone who lives in truth and is more capable as a threat and a potential enemy. But the truth used for good is the word of God³⁵ and can be found anywhere and spoken by anyone.

(102nd) Many books were written by people who had divine inspiration and lead us to truth. They are called sacred, but there aren’t really any sacred books—only books that give an idea of the sacred, because sacredness itself is God. And to reach an understanding of God, books cannot exclude logical questioning. They cannot exclude the human mind that interprets them.

(103rd) This book, for example, is the result of enlightenment. For those who are Christian and believe in God as Spirit, enlightenment is the intervention of the Holy Spirit. For those who see God differently, it’s a reception of the collective unconscious, which is the projection of the highest truth contained in the social mind.

(104th) Even though God is perfect, people’s understanding is imperfect. So, anyone who receives enlightenment feels perfection but has to use imperfect language to be understood. That’s why books still need to be imperfect, because we still need imperfection.

(105th) Jesus is the incarnate Word, meaning He has the perfect expression of truth. He spoke to many people, personally correcting their understanding, but He allowed others to write His story and even let them lie.

(106th) The mental state of people when Jesus was on Earth was so underdeveloped that they wanted to kill anyone who showed signs of truth instead of listening to it, because they themselves knew part of it. But they saw it with negative eyes, through political control, and wanted to suppress it. Today, at least we can see that we are imperfect, and even our mathematics is.

³⁵ BIBLE, *John* 17:17 — “Make them holy by the true word: your word is the true word”.

(107th) God reveals knowledge, but only a human can teach how to learn because they show others a path from imperfection to perfection. God's identity, which is perfect and ideal, formed by supreme truth, determines the laws of the universe and shapes our reality. And everyone must at least act in accordance with how the facts present themselves. A lack of this understanding makes a person revolt and struggle pointlessly against reality, while understanding it makes us smarter by helping us focus more on solutions than on problems.

(108th) Truth includes both good and evil — because it is above all of that. Because of this, the truth can also be used for evil. Sometimes, the dominators gather people around a smaller truth to distract them from bigger ones. But good is a higher perspective, one of empowerment in the face of adversity—a positive path guided by spiritual intelligence — while evil is the opposite.

(109th) Spiritual intelligence is something beyond religions, which are still still evolving in this era. Sometimes, they ask us for imagination instead of intelligence, because they lack truth. But this was worse before the Second Vatican Council.

(110th) The Second Vatican Council definitively impacted our reality by creating a trend of spiritual intelligence growth in religions. It took place at a time of great political events worldwide. The Tower of Babel, as we know it today, is a consequence of the imperialists' fight against good principles through various means to try to slow down the influence of this council.

(111th) The most responsible factor for this opening was the focus on ecumenism during this event. This perspective unites all religions and even people without religion. In short, it offered the world the possibility of religious freedom. Its effect was to diversify religions and reach more people.

(112th) Soon after, the system hypocritically attacked ecumenism to avoid revealing control through religions. Many evangelical churches spread rumors against ecumenism, claiming it was the work of the Antichrist. However, Jesus teaches unity — ecumenism supports this, while religious separation works against it. Notice that religions connect people, but connecting only a few is like disconnecting others³⁶.

(113th) Brazil was essential for the expansion of imperialism because it is a strong base. It's a powerhouse. At the time of this religious event, the world was in the middle of the Cold War³⁷, and imperialism was evolving. Some events around this time include the start of the War on Drugs (in 1961), the military dictatorship in Brazil (which began in 1964), the launch of the Globo TV network (in 1965), and the renewed war of the Jews³⁸ (in 1967).

(114th) The imperialist bloc that claims to be Christian is hypocritical because, through indirect means, it goes against Christian principles. They led people to adopt their ideas without realizing they were being diverted from what is morally good and

³⁶ BIBLE, *Mark* 3:22-24 — “‘He has Beelzebub, and, By the ruler of evil spirits he sends evil spirits out of men’. And turning to them, he said to them in the form of a story, ‘How is it possible for Satan to put out Satan? If there is division in a kingdom, that kingdom will come to destruction;’”.

³⁷ *The Cold War* — was a period of geopolitical tension between the United States and the Soviet Union and their respective allies, the Western Bloc and the Eastern Bloc, that started in 1947, two years after the end of World War II, and lasted until the fall of the Soviet Union in 1991. Source: Wikipédia. available at: en.wikipedia.org/wiki/Cold_War.

³⁸ This is a reference to the war between Arabs and Jews, suggesting that they are one people due to their shared origin.

right. Many techniques were used to prevent people from achieving the psychological relief offered by Christian concepts.

^(115th) True Christianity prevents ideological control and promotes human freedom. Also, in true Christianity, we see that this freedom doesn't require anyone's permission — it only takes an individual decision.

^(116th) If the system restructured itself to fight religious freedom, it's because this is not as naive as people usually think. Those who believe religious freedom is just a church issue are naive — Churches are the least of it. Religious freedom is connected to spiritual, intellectual, political, and other forms of freedom. Because it's political, it further heightened the fight from the imperialists, as a politically free person doesn't need politicians.

^(117th) The way the dominators countered the revitalization of Christianity was by reorganizing themselves. They moved away from the Russia vs. USA polarization and focused on establishing the so-called New World Order. This is a dictatorship of the rich. It disregarded the ideological differences between imperialists and focused only on maintaining world control. And since, in reality, the capitalists are false Christians, the “empires” that make up this order share a common trait: they are Antichrists. This is why we've entered the era of the Antichrist. They share global domination — but even among themselves, there are power struggles.

^(118th) During the coup, bad ideas were spread to scare the population, such as the so-called *Lenin Decalogue*³⁹ — but Lenin wasn't the author. A little later, we saw the capitalists following every step of that decalogue. After imperialists took over the media, art began to be destroyed because words started being removed from circulation. “Hypnosis”, however, became a very common word. All of this represented a decline in spiritual intelligence, which also gives rise to good art.

^(119th) In 1983, the animated show *He-Man and the Masters of the Universe*⁴⁰ was aired on mass media. It was a landmark in the re-establishment of machismo, which had been losing its strength in Brazil since the divorce law⁴¹ was passed in 1977. The name of the show was sexist, already hinting at the resurgence of the far-right, because machismo goes against equal rights between people of different sexes. Thus, it contradicts the second Christian commandment and is a strong pillar supporting slavery. The show was meant to reintroduce, through suggestions, the concepts of “strength” and “male sexual freedom⁴²” — core pillars of machismo control.

^(120th) The shift in imperialism was marked by the fall of the Berlin Wall (in 1989). From then on, at first subtly, other ideologies that exclude people based on sex

³⁹ *The Apocryphal Decalogue* — is presented in this book in chapter XVI. Paulo Tortello names this document the “Ten Commandments of Lenin” or “Lenin's Decalogue” (TORTELLO, 1987, p.15). He bases this claim on USA documents. The document supposedly contains 10 rules for the destruction of the State. However, this document does not align with other writings by Lenin from the same year. It is not even mentioned by Lenin. Therefore, we call it the “Apocryphal Decalogue.” We do not believe it was authored by Lenin, but we cite it nonetheless, as it has shown influence on current events.

⁴⁰ *He-Man and the Masters of the Universe* — produced by Lou Scheimer, Filmation Mattel; distributed by Group W, Columbia Broadcasting System, and NBCUniversal Television Distribution, 1983. Source: Wikipedia. Available at: https://en.wikipedia.org/wiki/He-Man_and_the_Masters_of_the_Universe.

⁴¹ *Divorce Law* — Law 6.515/1977. Available at: http://www.planalto.gov.br/ccivil_03/leis/l6515.htm.

⁴² Male sexual freedom was subtly suggested by the fact that the hero was designed to be sexy and wore very little clothing.

also began to be promoted. Meanwhile, content started to become hollow, and people were systematically deceived through their senses. I wrote a poem during this time, titled “*Stabbed Art.*”

STABBED ART

The clock beats with trampled hours...
The world is the password...
Today is a day of cracks.

The birds sing, the rivers sing, the whores sing...
They sing of victories never won from battles never fought...
Sing, raw voices!
Sing, choirs of naked clothes!

Stabbed art,
Tortured in the empire of senses,
Its tongue burned, and its eyes can no longer hear...

Drink your poison...
Drink your silence until no words exist...
And the whole wORLD stays quiet, cold..
Perplexed... small.
Until there's nothing left, so disconnected.
And the dream,
Empty,
driven by
sexual force
Breaks every cold glass.

Scream a silent scream.
Scream a loud, unheard scream.
Release your poison in strong bursts...
Breathe in death's air as if surrendering...

And when everything starts fading...
Sucked in by the rays of a flash...
Smirk in mockery,
As if the world were smiling back...

^(121st) The situation that led me to conclude that my art was being killed was being an unpublished poet and feeling a lack of response from my small audience. Published poets also stopped producing meaningful art. Today, I'm amazed at the accuracy of this poem that talks about making the world quiet, cold, perplexed, small, disconnected, and empty, driven by sexual force. These words seem like the very foundation of our hypnosis process and the promotion of promiscuity — as if I were predicting the future. The feelings described in the poem were the result of the *law of silence* ⁴³ imposed after the military coup in Brazil.

^(122nd) The media then systematically started using bad concepts to diminish the good ones. For example, the concept of ill will is used to combat goodwill. That's why numerous characters with bad morals were created and supported by society, suggesting that ill will is advantageous. The ideology of ill will is based on negative

⁴³ *Law of silence* — refers to the use of force to suppress speech.

desires, which causes division. The real goal, however, is to eliminate the expression of will itself.

(123rd) One of the main intentions of the Tower of Babel's controllers in fighting higher concepts is to offer bad things to the population. This is aimed at maintaining the dominators' advantages. Often, this is done through consumerism, selling things that always need to be maintained or replaced. But what these people should take into account is the enormous waste generated by this institutionalized culture of error. The industry never stops making a profit. These people are under an illusion when they think otherwise. The difference is which industry will receive the resources. They would profit more if they invested in good rather than in bad.

(124th) Nothing can succeed when its highest principles are attacked. We need to learn how to defend ourselves against this kind of human chaos created by foolish people. This has nothing to do with revolutions based on fights or even with what the government can provide for us. Rather, it's entirely linked to spirituality⁴⁴ — everything else falls into place after that.

(125th) The imperialists of our time are experienced in the art of domination. They look at the past, present, and future. However, they forget the main point: if they actually succeeded destroying healthy values in society, they would be destroying what is good in the world they themselves live in. After all, behind every ideological movement, there are always humans — not machines.

(126th) In the past, dominators imposed their governments on conquered peoples by demanding that they use their language. We see that they continue to try this by harming the teaching of the Portuguese language, promoting the erosion of common language, and inserting English words into social discourse.

(127th) Today, they're doing something similar by destroying the Christian language within our own languages. Terms of peace are replaced by terms of conflict. In Brazil, music is one of the means of replacing words and dictating behaviors because people sing along and adopt the mental attitudes of the musical characters.

(128th) Christianity began to be attacked more directly by the media, although not openly, during the 1970s. The idea of Jesus' resurrection is an example. Despite this being an event that couldn't be disproven, becoming a historical turning point that divided the world into before and after Christ, the films that told His story started ending with the crucifixion. And — as advertisers say — a picture is worth a thousand words.

(129th) Miracles are events that defy the natural order and can't be replicated by us without the help of technology — and some not even with it. That's exactly why they are exceptional signs of the supernatural. The resurrection of Jesus was the most remarkable miracle in human history because everything surrounding this event was logically consistent with the teachings of the Master and intimately affects all humans — oppressors and oppressed — across all times.

(130th) To this day, the imperialists try to prove that Jesus didn't rise from the dead, but they've never succeeded. After all, He was a man brutally murdered in front of thousands of people, placed in a tomb sealed with a large stone and guarded by

⁴⁴ *Spirituality* — in the sense of having a mind, a spirit, with spiritual values, principles, good feelings, and more.

soldiers. And yet, the body disappeared. Not to mention that He had told many people that this would happen, specifically on the third day after His death — which is why guards were placed at His tomb.

(131st) At the same time, the dominationists promote a questionable “blind faith.” But spiritual truths follow the opposite logic. We need to discover if they work. Logic is the path that proves the truths of spiritual intelligence.

(132nd) Before the Second Vatican Council, the Catholic Church actually made it harder to understand true Christianity by holding Mass in Latin. In doing so, it controlled how the Bible was interpreted, which created a real barrier to spiritual intelligence. After the Council, when Mass began to be celebrated in people’s native languages, it gave them direct access to Christianity’s healing language, allowing them to test the truths of the Gospels in their own lives and make them real. And it’s surprising to see that — based on what’s described in the Gospels — people’s psychological stages today are still quite similar to those back then.

(133rd) If the system reacted after the Second Vatican Council, it’s because its ideological expansion could have posed a lasting threat to domination, leading the world to greater intellectual and psychological growth, which leads to evolution and freedom. If movements like the military coup were used, it’s because they serve to stop evolution. These movements happen from time to time, causing people to remain psychologically stuck. Because of these movements, in recent days, human rights are respected only by those strong enough to enforce them, which is why they’re the exception. In some places, people don’t even receive the rights given to animals.

(134th) At the same time, the dominators put on a hypocritical show of “save this” or “save that.” For example, Brazilian and foreign landowners and businesspeople kill the Indigenous people who live in the Amazon while shouting, “Save the Amazon, it belongs to everyone!” All that’s missing is them saying, “...except for Brazilians.”

(135th) The effects of the Second Vatican Council were similar to what Luther achieved, breaking the religious monopoly of the Middle Ages. The Protestant Reformation helped form a broader understanding of religion. It was only after Luther that the Bible was translated into other languages.

(136th) After the Council, even though Christianity was challenged, the dominators couldn’t reverse many of its changes, and many minds were freed from old beliefs.

(137th) Notice that, among the governments of wealthy countries, there is a religious/political stance as if religiosity were adopted and never questioned. When we see things like this, which seem to say that religions are treated with importance, we can’t understand why there’s so much opposition to true religion. But this approach makes religion lose its meaning — as if it were just a way to frame events. Religion is displayed, but its importance is minimized.

(138th) With this hypocritical attitude, the imperialists absorb the authority of religions — and consequently of God. Heads of state take on a status as if they shared the leadership of religions in order to control the emotions of their followers.

(139th) Many countries use direct terror against the population by taking advantage of the indirect terror contained in religions. And terror paralyzes people to such an extent that they don’t even dare to think for themselves. Thus, the controllers take advantage of moments when people are confused and make decisions for them — dictating their actions. If people were prepared for this, a simple “no” would be

enough to break the victim's paralysis and turn them against the oppressor. But religious fanaticism has the ability to block this kind of discernment.

^(140th) Before the Council, Christian religions required people to follow strict rules to join them — leaving many excluded. After the Council, religions were forced to adopt a more rational discourse. So, they could no longer just impose rules without giving explanations.

^(141st) Gradually, in Christian countries, religiosity began to lose its association with religious terrorism through the idolatry of religion. This is still very common among some Jewish and Muslim groups — but for us, it seemed like a leftover from the Middle Ages.

^(142nd) The Tower of Babel represents powerful groups keeping people stuck in separate ideas, like bubbles of reality. Capitalists promoted separation by pushing different ideologies onto social divisions, suggesting tyrannical relationships. In plays, parents disrespect their children, and children disrespect their parents, but the characters don't notice this and remain friends. In real life, though, people repeat these behaviors and end up separating for good — because living together becomes unbearable.

^(143rd) During the military coup, as in the Middle Ages and in most dictatorships, after opponents were eliminated and cultural content was stripped away, the “law of silence” was put in place. In the Middle Ages, even though rulers talked a lot about God, they tried to push humanity back to a time before Jesus. This is one reason why some Christian religions have strong Jewish influences. Next, the dictatorship caused the population to regress, reversing social progress through the degradation of social relationships and sexuality.

^(144th) Terrorism is fueled by polarizations, where one group oppresses another, and the reverse happens too. Sexual extremism, which pits men and women against each other, seems to be the easiest conflict to provoke. That's why sexuality is often used to create social conflict by confusing people's understanding of it.

^(145th) A single word can be like a seed of social conflict, causing a clash between its higher concept and its lower concept. Love, for example — what is it? In its sublime meaning, it is the feeling that unites us in perfection; in its lower meaning, it is just copulation.

^(146th) Sex has both a higher and a lower meaning. In the higher, it leads to the fullness of union and happiness; in the lower, it makes people worse, with bad results in their lives, leading to separation between people and even disgust for others. Meaningless sex, without feelings, is an irrational behavior that any animal — even the least intelligent — is capable of. But we, humans, need all our actions to be intelligent and higher, otherwise they turn against us.

^(147th) But forcing chastity is also a lower approach, because it's not something you can impose. Chastity should be taught based on its principles. Forced chastity⁴⁵ is more like

⁴⁵ *Chastity* — (a feminine noun) According to the Brazilian Globo Dictionary is the quality of being chaste. And “chaste,” an adjective, refers to someone who abstains from sexual pleasures; who refrains from illicit or immoral sexual relations; (figurative) pure, innocent: a chaste kiss; unblemished; without mixture, intact. (FERNANDES, LUFT, and GUIMARÃES, 1984).

castration⁴⁶ — not true chastity. In the same way, forced humility is humiliation — not genuine humility.

(148th) In the wrong view, sex is either treated like a drug, or restricted by extreme rules, requiring people to marry and stay married just because of sex — even if there's no friendship between the couple.

(149th) Life pulses through our veins, and we need both morality and pleasure. That's why chastity should not be seen as just abstaining from pleasure, but rather as balancing it with morality.

(150th) With freedom, it's normal for people to make mistakes in choosing relationships. Ideally, though, we should approach relationships more carefully, being clearer about what we want to avoid mistakes. But for this to work, people must be free to choose. Most importantly, these choices should be based on sincere feelings, not just chemistry—like in compulsive sexuality—or calculations—like in traditional views of sexuality.

(151st) Replacing higher concepts with lower ones creates a web of destruction around our values. A good example is how pornographic lyrics have been inserted into Brazilian music. Before the ideological “massacre” we've experienced, Nelson Gonçalves⁴⁷ sang songs worshipping women, like *A deusa da minha rua* (*The Goddess of My Street*). Later, Bonde do Tigrão⁴⁸ sang songs like *Só as cachorras* (*Only the Bitches*). In the first, there is spirituality — in the second, dehumanization.

(152nd) The similarities between today's social structure and the Middle Ages make me believe our ideological fate will be the same. Back then, literature separated the sacred from the profane. But the lack of meaningful art led to cultural exhaustion and its decline, because we need deeper mental engagement.

(153rd) In fact, even literary movements have become mass-produced because we're constantly prevented from breaking out of established norms. So when we do break away, we do it collectively. Our society mass-produces future robots — trapping us in patterns — while we need freedom to truly develop ourselves.

(154th) The information age gives a false sense of freedom, convincing people to dismiss their emotions, which leads them to lose their ability to make judgments and their moral compass.

(155th) Culture of fear has been used against us since birth to restrict our freedom and halt our evolution. Horror stories are common in our global society, even though they are not educational. For example, *the Boogeyman*⁴⁹ is a horror figure with variations in many places around the world, showing that the language of fear is universal. In Brazil, we have this traditional lullaby:

⁴⁶ *Castration* — here, as in other mentions of this word throughout the book, refers to psychological castration, as it rarely occurs in a physical sense in our culture.

⁴⁷ **Nelson Gonçalves** — is the stage name of Antônio Gonçalves Sobral (1919 - 1998). He was a Brazilian singer and songwriter. He was the second best-selling recording artist in Brazilian history, with Roberto Carlos being the first. His biggest hit was the song “A Volta do Boêmio” (“The Return of the Bohemian”). More information at: en.wikipedia.org/wiki/Nelson_Gonçalves.

⁴⁸ *Bonde do Tigrão* — is a Brazilian funk group from Rio de Janeiro, also known simply as “funk.” Despite the name, it is different from the funk music in the United States.

⁴⁹ *Boogeyman* — A recurring children's character found across different cultures with various names. Among Latin cultures, he is known as *El Coco*; among English speakers, as the *Boogeyman*; and among French speakers, as *Babaou* or *Croque-mitaine*.

Hush, little baby/ The *Cuca* will come and get you/ Daddy went out to the fields, and mommy to the coffee fields/ Daddy went to the fields, and mommy to the coffee plantation/ *Boogeyman*, get off the roof/ Let the baby sleep in peace/ Let the baby sleep in peace⁵⁰.

(156th) From an early age, parents are encouraged to break their friendship with their children through lies. The Easter Bunny and Santa Claus are made-up stories used by capitalists to counter Christianity. These institutionalized lies desensitize people to the significance of these dates. They are stories taught in schools, forcing parents to go along with them because of peer pressure from other children. It's as if these were "days of lies." Most people see them as little kindergarten parties. This trivializes lying. However, these dates are of great importance. The first is the eternal celebration of humanity: the renewal of life, represented by the resurrection of Jesus. The second is the celebration of the birth of the Messiah.

(157th) But we can't support lies without facing their consequences. The trend is for economic power to replace spirituality in the myths about Christmas and Easter, turning children into tyrants. Also, when children hear scary stories at bedtime, they might develop night terror syndrome⁵¹ or lifelong insomnia. Choosing evil is the same as choosing chaos. A society that lives in constant fear is weak.

(158th) In the Tower of Babel, speaking the truth or promoting true Christianity remains a life-threatening activity. And throughout history, most people give in before even attempting to face the system's threats because of fear.

(159th) Now, fear is generally an unnecessary and harmful psychological state. It might stop us from committing suicide, for example, but we could find a less frightening method and still go through with it. However, understanding that no one truly dies and that suffering only worsens after suicide — this is what truly prevents us from doing it. So, what's really useful is awareness. In fact, even in dangerous situations, the first thing to do is stay calm, because if we're overwhelmed by fear, we can't solve the problem.

(160th) Fear pushes people toward individualism and dishonest efforts to dominate others. Social hierarchies are often used to place oneself above the law. However, no one can be above the law or the truth without causing imbalance. Everyone has individual interests to protect, and it's natural for personal interests to take priority over collective ones, which may lead a person to lie. But the law exists precisely to limit individualism and ensure it doesn't harm anyone.

(161st) Alongside this, we see that sometimes lies can be told for honest reasons and for the common good. However, because many people excessively defend individualism, they claim that truth doesn't set you free but enslaves you. This isn't true because lies are usually not told with good intentions — that's why they enslave.

⁵⁰ A song with an unknown author that has many versions. *Cuca* is a character created by Monteiro Lobato, described as an evil creature that threatens children.

⁵¹ *Night terror* (*pavor nocturnus*) — is a sleep disorder often mistaken for sleepwalking. In this condition, the person, usually a child, exhibits altered behaviors and perceptions marked by extreme fear, such as desperate screams, uncontrollable crying, and expressions of intense terror.

(162nd) Most of the time, we don't need to lie to protect ourselves. We just need to follow the anti-dominant rule of “don't promise, don't explain, don't apologize.” In saying, “Hey, something came up, and I'd rather not talk about it—do you mind?”, the speaker doesn't make up a lie; they simply choose not to explain. If the other person says they do mind, the response is, “I'm sorry!” Then, the speaker can move on, with a clear conscience, to another topic. What happens is that sometimes we can't see the truth, and other times we risk being pressured into actions because of it.

(163rd) Law is an evolutionary advantage for humans. A *Democratic State of Law*⁵² is a model of government based on equal rights and duties. However, because the law is often disobeyed by the powerful, we are currently living in an economic dictatorship based on force — not rights. And through force, nothing is guaranteed, as someone else can always rise up and take over at any moment.

(164th) People need to debate concepts with each other to reach a better understanding of the truth. I want peace, but I know we will only achieve it when we reach collective conclusions on essential matters. We can speak a common language without needing a dictatorship to impose it — the language of goodness. We just need to be patient and tolerant with those who think differently from us.

(165th) The most important thing is to avoid corrupting concepts, something that has been very common. For example, the Catholic Church claimed for centuries that sex was a sin, which was a huge distortion. God would never plant such a destructive idea in our minds.

(166th) If you don't share my perspective, I thank you for your tolerance, but I ask you to continue reading this book and reflect on your own thoughts, even if the ideas here don't seem perfect to you. Raising awareness and clarifying the truth is not about imposing it, but about debate. Many ideas here will be useful to you, and broadening our minds through diverse ideas is what makes us superior and evolved beings. Without debate, we risk remaining trapped in the lie of the Tower of Babel — as people before us have been until now.

(167th) In the documentary *What Makes Us Human*⁵³, researcher Alice Roberts specifically questions what makes us human — and, therefore, more evolved. She talks about the extreme similarity between human and chimpanzee brains and proposes an experiment based on Pavlov's teachings⁵⁴. In it, she compares the reactions of chimpanzees and humans when both groups are put to work with a another member of their species to earn rewards.

⁵² In a *Democratic Rule of Law* — the power of the state is limited by the rights of citizens. Popular sovereignty is what grants legitimacy to legislators to create the body of laws. The Constitution is the main law in Brazil. It provides the guidelines for the rights and duties of ordinary citizens and state officials. In Brazil, the Democratic Rule of Law is established in Article 1 of the 1988 Constitution, based on the premise that all power emanates from the people. Its basic principle is summarized by Abraham Lincoln's famous phrase: “government of the people, by the people, for the people”. Source: Mundo educação. Available at: <https://mundoeducacao.uol.com.br/sociologia/estado-democratico-de-direito.htm>.

⁵³ A film by Yann Arthus-Bertrand, released in 2015.

⁵⁴ **Ivan Petrovich Pavlov** (1849-1936) — was a Russian physiologist best known for his work on classical conditioning. Ivan Pavlov made history through his research on conditioning in behavioral psychology (conditioned reflex). Source: Wikipedia. Available at: https://pt.wikipedia.org/wiki/Ivan_Pavlov.

(168th) Among the chimpanzees, they would stop working as soon as they got their reward, even if their partner didn't get one. Chimpanzees showed no concern for the other. Humans, however, showed a strong sense of fairness. If one child received three rewards and another only one, the child with three would give one to their partner. It's clear that the rewards were equal; otherwise, the child might have felt at a disadvantage by giving away something they didn't have in abundance. And the second commandment doesn't just say to love others — but also to love yourself.

(169th) In my understanding, this experiment shows that what distinguishes us from these animals is our spiritual intelligence. For example, the altruism demonstrated by the children is a human quality that expands our intelligence. Altruists need to elevate their thinking to higher levels to achieve greater results — because they are thinking about the entire group. This is bigger and more powerful than the solution the selfish person seeks for just themselves.

(170th) However, despite this difference, monkeys remain extremely interesting creatures. We have much to consider if Rupert Sheldrake's⁵⁵ “morphic resonance” hypothesis — also known as the Hundredth Monkey Theory — is correct; and I believe it is. According to this theory, whenever individuals successfully learn something through empirical experience, it creates a resonance, or a different frequency emission within their level. This change affects other individuals, causing them to evolve as well. So, according to this theory, if a large enough group of monkeys learns a new technique for opening a coconut, the others tend to learn it too, even without contact with the group that learned it first.

(171st) According to this theory, morphic fields are structures that extend through space-time and shape the form and behavior of all systems in the material world. Each spatial group would be connected to a specific morphic field, with a kind of collective memory. Thus, there would be a morphic field for atoms, molecules, crystals, organelles, cells, tissues, organs, organisms, societies, ecosystems, planetary systems, solar systems, and galaxies. Morphic fields are what make a system a cohesive whole — and not just a collection of parts.

(172nd) Because of all this, I believe that we have not yet moved beyond this unstable phase and are still reproducing primitive stages of thought simply because, we are socially trapped in falsehoods. **The truth used for good is a fragment of the divine; it is the powerful force that drives the workings of the universe. The truth is what leads us to the spark of God's gaze, which is the collective unconscious and the Holy Spirit Paraclete of the Lord. I believe that when we evolve, all of humanity will evolve simultaneously. This is the quantum leap I am eager to see humanity make. The Holy Spirit Paraclete of the Lord is the name of the living energy that unites our minds and brings collective insight. It is powerful and flows through the whole Earth.**

⁵⁵ **Rupert Sheldrake**, PhD — is a biologist and author best known for his hypothesis of morphic resonance. At the University of Cambridge, he worked in developmental biology as a Fellow of Clare College. He was the Principal Plant Physiologist at the International Crops Research Institute for the Semi-Arid Tropics in Hyderabad, India. From 2005 to 2010, he was the Director of the Perrott-Warrick Project, researching unexplained human and animal abilities, funded by Trinity College, Cambridge. Source: Sheldrake.org. Available at: <https://www.sheldrake.org/>.

(173rd) Truth is powerful. Sincere people can communicate with their eyes. They often wonder if they experienced telepathy, and I believe that many times, they did. Human evolution based on collective insights may be an unknown facet of humanity — or maybe not. Truth connects us to everything, uniting all in one language.

(174th) The trivialization of lies harms our understanding globally. For example, killing is evil. But because this mentality is still encouraged in movies and games, people often fail to see that it is a more primitive behavior — and that the higher path is to work in the opposite direction. Now, notice that any animal knows how to kill, even insects do; in fact, even bacteria and viruses know how to kill. However, aside from natural parental situations, only higher animals show the ability to make an effort to preserve the life of others, unconditionally and consciously. If we don't do this, we don't even resemble humans.

(175th) Dr. Alice's experiment, for example, proves the opposite of what games suggest. Games lead to an individualistic mindset of “someone has to win,” teaching us that collective loss is inevitable. But this is a viewpoint that pushes us to work against our evolution and our altruistic human nature.

(176th) This perspective is encouraged by media through characters like Tom and Jerry⁵⁶, for example, and others that followed this pattern—humans dressed as animals. They suggest that people should disrespect and fight each other over trivial interests. It's as if we're saying, “Now we'll fight like monkeys so we don't share what we have and we'll defeat everyone because we're stronger!”

(177th) The experiment mainly shows that we, humans, don't know ourselves. This version of us, the one at the Tower of Babel, is our worst side. The purposes of our existence are greater. Misguided ideas, such as the imposition of force, deform us because they go against humanity. Where this happens, insecurity reigns. We need justice for society to be balanced. And altruism is part of this — as balance is a human necessity. So, if we don't act with some altruism, we witness the failure of our purpose.

(178th) Due to the tricks of the Tower of Babel, a massive unconscious crowd is created, who, through victories in games, forget about real victories and the need to face real challenges. The consequences of this are terrible because, by living in lies, we end up with a bloody reality. And if we enslave or are enslaved, we are agreeing that we didn't share our victories with everyone.

(179th) The controllers also distance different fields of knowledge from spiritual intelligence. They promote prejudice against religions to marginalize spiritual concepts. And through religion, they use fear to exclude Faith — because Faith eliminates fear. But I see that knowledge and spirituality are slowly coming together because words are the foundation of everything. The resolving the conflicts within language unifies understanding, and this is happening because it's the natural tendency.

(180th) The concept of sin illustrates well the conflict of ideas within words. Sometimes, the controllers present it as if almost everything is a sin, and at other times as if nothing is. Both perspectives are anti-Christian because they lack discernment.

⁵⁶ *Tom and Jerry* — is a popular series of USA short films created by William Hanna and Joseph Barbera, first released on February 10, 1940. Production: Hanna-Barbera. Distribution: Metro-Goldwyn-Mayer. Source: Wikipedia. Available at: https://pt.wikipedia.org/wiki/Tom_and_Jerry.

When we manage to resolve this conflict in our minds, we realize that the ability to avoid sin is what truly makes us superior. Not sinning is divine; it's a daily achievement, and it is possible to live without committing sins, though it requires a great deal of understanding. As long as we can't free ourselves from sin, we remain vulnerable to the system, which thrives on conflict.

^(181st) The system encourages people to be reactive so that they become co-authors of their actions. Reactive people tend to conflict with everything presented to them. They are trained to say “no” to what they should accept and “yes” to what they should reject. To truly defend ourselves, we must react quickly and strategically. But the reactive person responds unconsciously — whereas we need to be conscious.

^(182nd) The Tower of Babel is a real confrontation with humanity. The tools we need to defend ourselves are words, and the strategy is ideological. I've demonstrated this successfully so far, as I've already put strong concepts into circulation. I've moved through many places to speak, creating a kind of “ideological fog.” After all, where everyone speaks, it's hard to know who the author is. I did this because it was the only way to protect myself. I had to use against the dominators what they use against us: mental confusion.

^(183rd) I acted by breaking out of ideological isolation. The massacre of Tibetan Buddhist monks⁵⁷ by China in 1950 teaches us a lot about this. When they were attacked, ideological isolation was their greatest enemy. The wisdom in all this is that, because they were expelled from their homeland, they managed to spread their Buddhist teachings worldwide.

^(184th) China defeated them physically, but it may eventually lose ideologically because no nation can survive without the spiritual intelligence necessary for society. The Buddhist monks showed they possessed this intelligence at the moment of their murder because they remained silent, avoiding mental confusion, and proving they did not believe in death.

^(185th) True Christianity aligns with this attitude, understanding that truth asserts itself through its own logic. No matter what happens: we must avoid speaking words just to offend, for disputes, or for the perverse pleasure people take in watching others react⁵⁸. That's why Jesus was so silent during His execution, yet His silence was as eloquent as His words, spoken with gentleness.

^(186th) Unfortunately, some Christians move in the opposite direction of spirituality and cry out in revolt. In fact, I was like that too, because the system presents traps that lead us in that direction. The system has the ability to twist even our best intentions, turning the defense of peace into war. Some religions, instead of doing what they should, even encourage this, as if religions were teams fighting each other. Religious fanaticism is the idolatry of religion and must be avoided. If someone wants to be a true Christian, they must care first and foremost about peace — and this should apply to all religions.

⁵⁷ **Jetsum Jamphel ngawang Lobsang Yeshe Tenzin Gyatso** — or only **Tenzin Gyatso**, the 14th Dalai Lama and Buddhist leader, had to flee Tibet to avoid being killed by Chinese troops, which were made up of thousands of soldiers. They surrounded the Potala Palace in Lhasa, where he lived, threatening to kill him in a cowardly way. The people formed a human barrier to get him out of the palace and cover his disguised escape. Nowadays, online sources hypocritically describe the events of that time as if there was a Tibetan liberation struggle, but the opposite actually happened.

⁵⁸ BIBLE, 2 *Timothy* 2:14 — “Put these things before them, giving them orders in the name of the Lord to keep themselves from fighting about words, which is of no profit, only causing error in their hearers”.

(187th) In theory, we have the illusion that we are better than we really are, but we are surprised when we see ourselves from another perspective and truly discover who we are. We realize we are flawed and absolve ourselves without deserving it. Sin is like a single part of us that can take us over completely; it's like a nightmare where an arm pulls us... If that's the case, cut off that arm⁵⁹.

(188th) I can testify that even after my spiritual healing, I fell ill again. I was filled with negative feelings that I thought were legitimate — because they arose from the wrongdoings of others. I developed harsh words and bitter perspectives; I became a spiritual leper under the illusion that I was doing everything right. I became addicted to victimizing myself, and because of that, I repaid the harm done to me through words. But in reality, my words harmed me, not the people I thought I was attacking. Moreover, I now see that everything we experience is either necessary for us or deserved. Before, I rebelled against all my hardships, seeing them simply as unjust.

(189th) Complaining excessively may seem insignificant. However, spiritually speaking, our gravest sins are often found in our words⁶⁰. Everything happens with God's permission, so when we complain about something, we are essentially complaining about God.

(190th) People who suffer become fragmented by their suffering because they “become” their pain. In their attempt to regain wholeness, they fall into mental confusion. In other words, suffering leads us to question things. This brings about complaining, which is an instinctive defense mechanism, but it is harmful. Because of this, we become desensitized, thinking we have the right to harbor something negative. Humanity's greatest problem isn't that we are bad, but that we are desensitized. Through our lack of sensitivity, we become condemning victims and forgiven oppressors. But because of this, we become slaves to our own sins.

(191st) The churches spoke of Hell as eternal damnation, and most people didn't believe in Hell because they didn't believe in life after death. But this left a huge silence around seemingly unjust actions and people who became evil because of the wrongs done to them by others.

(192nd) Later, understanding Hell and Purgatory, I saw that most of our wrongdoings are invisible, that we can be spiritual murderers even if we've never physically killed anyone. God is precise in His justice, as even though we may die, we might not experience the suffering of death. I also saw that Hell is not final, and I came to believe in reincarnation. Purgatory is the spiritual place where we get a second chance. Only through reincarnation can we have that opportunity.

(193rd) Similarly, I realized that killing doesn't offer any real advantage, just like wrongdoing doesn't. However, our society is made up of killers and their accomplices. For example, the conditions in Brazilian prisons should not be tolerated. People think they will not pay spiritually for accepting the inhumanity in prisons, but we are already facing material consequences — and the spiritual ones can be even worse.

⁵⁹ BIBLE, *Matthew* 5:29,30 — “And if your right eye is a cause of trouble to you, take it out and put it away from you; because it is better to undergo the loss of one part, than for all your body to go into hell. And if your right hand is a cause of trouble to you, let it be cut off and put it away from you; because it is better to undergo the loss of one part, than for all your body to go into hell”.

⁶⁰ BIBLE, *Matthew* 12:36 — “And I say to you that in the day when they are judged, men will have to give an account of every foolish word they have said”.

(194th) Even if you don't believe in life after death, look at how, in practice, we've turned our world into hell by being complicit in this situation. We are imprisoned in our own homes because we've allowed people to be treated like animals — and now they turn against us.

(195th) The Tower of Babel uses misguided ideas to make the members of society destroy each other. Vanity is one of these. It's an illusion that blinds us because, through it, we victimize ourselves, and through it, we accept inhumane punishments against others — without realizing that we could be in their place.

(196th) The weakening and distortion of concepts often aim to increase vanity and lust, which also lead to desensitization and complicity with the system — making people not react to its abuses. In this case, no matter how bad the system is, they always see their indirect benefits.

(197th) In Brazil, a phrase that was often used to weaken concepts and erase the population's memory was: “The Brazilian people have no memory.” Alongside this, they replaced many good words with bad ones in the mass media. And this — beyond the explicit suggestion of the phrase — was a way to erase higher concepts from people's minds and — as a consequence, their memory as well.

(198th) In reality, many actions of the system have contributed and still contribute to this weakening of memory — desensitization is one of them. The strongest of these actions is discouraging people from speaking, because what isn't spoken isn't remembered. At the same time, certain concepts have been treated as outdated — even though they were important in shaping people's behavior.

(199th) The system also works by offering movements that unite people around harmful causes, satisfying their need for connection so that they don't unite for better reasons. “Collective Inquisitions” are created — where a group gathers to accuse or condemn a person or another group. In these cases, the condemned person isn't always guilty, but the system suggests they are, and this makes people feel relieved of their own guilt — by condemning others and absolving themselves.

(200th) The most common type of collective inquisition is defamation. Each participant has their own reasons for joining in—beyond the anger and chronic frustration encouraged by the system. Sometimes, people want to eliminate a creditor. At other times, they condemn others for their own sins.

(201st) A common trait among people in our time is selfishness. In reality, it is individual self-awareness that gives rise to selfishness, in the same way that it happens with corrupted vanity. In other words, it is a natural process through which we distinguish ourselves from the world and feel that we exist. Selfishness, however, is a sickness of this mechanism. But domination encourages it through individualism.

(202nd) All the benevolence I recommend here doesn't mean, however, that we should be blind to evil. No. We must recognize it. Many times, we even need to expose it so that it doesn't happen again. In these cases, we must strive to be precise, truthful, and provide evidence, even if only through logic. Also, we must not be dominated by negative feelings when we speak out against these things.

(203rd) When Jesus calls people to use their senses⁶¹, He teaches humanity to evaluate. We must always be evaluating everything around us. Our self-assessment, for example, is not a luxury — it's a necessity and a right. Evaluation is essential; it's how we truly see. If we act without evaluating, it's as if we weren't truly present in our actions. Therefore, we must reach conclusions instead of merely following rituals, like the Pharisees did.

(204th) Our evaluations are also important so that we don't get trapped in psychological traps. Christianity stands out by preaching that people should look, listen, and stay alert. Our evolution and liberation consist of being human and good, even in situations where we must be strict. And yes, there are situations where we must be strict. But we should be friendly even when debating, as we need that. We must unite for this — rather than drift apart because of it.

(205th) The word “Gospel” means “good news.” With the Second Vatican Council, the ecumenical council, the Good News began to be heard more clearly because the idea of unity spread more widely. The system's rulers try to prevent this Good News from spreading. But now that we've reached this point, it will spread anyway.

Section Three: The Anatomy of Domination

(206th) Like we talked about before, through projection, humans tend to recreate structures based on their own experiences. That's why we have social bodies — and since they come from physical bodies, they end up copying their structure. Social bodies have human needs, and they're just as psychologically vulnerable as people are.

(207th) What we are, in turn, comes from the microscopic to the visible. A lot of people, for example, don't realize that a single cell has a digestive system. But they sure know what a stomach feels like. In the same way, a social body has companies that play the role of a digestive system — processing food and making sure society's basic needs are met. So you can see there's a universal structure that goes from micro-bodies all the way up to mega-systems.

(208th) Spiritually, we follow that same material logic. We are conscious energies, and the more our awareness grows, the more integrated we become. We come from — and need — unconscious or bodies with limited consciousness to get to individual awareness. But just like language, we also need a group of beings in order to exist, to grow, and to carry meaning. We need the collective consciousness of a social body to exist in our fullest form. These social bodies are “mystical bodies” — because they're made of relationships, meaning the energy that flows between people. That's the mystical force. And the key insight here is this: in an individual body, you can't harm one part without affecting the whole. The same thing happens in a mystical or social body.

(209th) Going against that intelligence — and showing signs of widespread disaster and collective unhappiness — the structure of domination is built on top of social destruction. Through extremism, the domination networks spread across the population, turning people against themselves. It's like anti-matter to the spiritual social body — built on the belief that for someone to exist, to be “one,” someone else has to be subtracted. That's what leads to a empty and stagnant society.

⁶¹ BIBLE, *Matthew 13:9; Luke 8:8*

(210th) The controllers of the Tower of Babel believe in destruction. They're like merchants who decide to sabotage and cheat their own customers just to make them poorer — and feel superior. But dragging society backwards only drags them back too. They end up making themselves poorer indirectly — attacking the very source that could actually make them truly rich. They live like thieves: clinging to unstable wealth that could vanish any minute.

(211th) The Tower of Babel gives bad advice and mistranslates reality for anyone who listens. The fiction pushed by mass media paints people as peaceful and docile. But no one dares to admit the truth — that we live in collective slavery. And yet, ask a child — she'll tell you straight: slavery is real. And from early on, she's already picking her role — either as a slave or as an overseer.

(212th) In this system, the collective mind is poisoned by sick ideas. Nelson Rodrigues⁶², for example, became famous for saying: “Not all women like to get beaten — only the normal ones. The neurotic ones fight back.” I once had to endure being beaten by a man because I had no way to leave the house — and I hated it. If I fought back, it would've been even worse — he was way stronger than me. Until I finally managed to get out, even though I asked for help, people would just say I must've liked getting hit — and then they'd start some philosophical debate about it. Let's be clear: a neurotic is the one who attacks, not the one who defends themselves.

(213th) This system manipulates people through ideas in a way that's basically asking: “Are you one of us — the ‘superiors’? Or are you one of them — the ‘inferiors’ that we oppress?” So they create these shadow laws where you're left with only two choices: either you make slaves, or you become one. That logic tears people apart, turning them into hostile groups. But they are linked to the system through its ideas.

(214th) In a certain way, yeah, we're all dominators by nature. We all influence each other. We have that tendency to want to impose our views. But that doesn't mean we're all abusers. Still, the belief that everyone is like that is exactly what feeds the body of domination.

(215th) A perfect example of an idea that only causes conflict is this one: “Unjust privileges aren't for those who want them — they're for those who can take them.” But let's be real: no one can. This “can” that dominationists talk about really just means “opportunity,” like in the saying: “Opportunity makes the thief.” But opportunity doesn't make the thief — it only reveals him, if that tendency's already there. It's like saying people only do evil — like enslaving others — because they can. That same logic is behind male supremacy. But not everyone wants to do harm. Sure, we can all be promiscuous, but that doesn't help anyone in the long run. Just because we can have sex, doesn't mean we go around doing it all the time.

(216th) Sometimes we have the perfect chance to cheat — and we don't. Sometimes we have the chance to kill — we've got what criminal law calls motive and opportunity — and we still don't do it. Even when we're in a situation where we could say, “Now I can do this and no one can stop me or even find out,” we don't go through with it — because we don't want to. I may have the opportunity, but I don't want to take it.

⁶² **Nelson Falcão Rodrigues** (1912 - 1980) — was a Brazilian writer, journalist, novelist, playwright, and chronicler of customs and football. Available at: https://pt.wikipedia.org/wiki/Nelson_Rodrigues.

(217th) Our culture describes the Antichrist like he's some beast called the "devil." But the devil is really just the corrupt human being — the one who thinks he can get away with doing evil. The Tower of Babel materializes the mystical body of Satan, formed by people with corrupt ideas and vanity. The evil dominator⁶³ is a personality, but not limited to just one person. It's a projection of the social personality. That's what we call "domination" — a structure anyone can join and to which anyone can contribute, if they choose to make a pact with it.

(218th) Because of this, the Tower of Babel seeks, through networks, systemically, turn citizens into accomplices through strategies. There are many ways to achieve that, to dominate: through shadow laws, through labor, through food, through addictions, through diseases, and of course through force. But even when domination is achieved by force, it only becomes stable through ideas — with news as the backdrop and words as the foundation. So one of its goals is usually to make people forget the violence behind it, while still keeping them trapped in the ideas.

(219th) Excessive control is a major human problem. That's why people sabotage themselves and each other. The Antichrist, then, is the network formed by individuals who defend anti-Christian concepts — the ideology of abusive control. It works like parallel laws of behavior, but outside the law. And anti-Christian concepts are not necessarily outside religion. In fact, the moral condemnation taught by religions often makes people hide their lives as much as possible — and so they end up living in lies. But that's the exact opposite of what Jesus teaches.

(220th) The mystical body of domination is like the shadow of the mystical body of Jesus — a projection of relationships in the opposite direction. What often happens, though, is that people don't necessarily intend to be Antichrists. Most of the time, their intentions are simply about control, in all its forms. That's how, many times, they end up being used as "unwitting collaborators". But Jesus is The Liberator, and anyone who goes against free will without a noble cause is a captor — the opposite of Him.

(221st) Our form of control happens through words, which ripple across our whole lives. Words are what clothe us spiritually, and what give shape to the world around us. But truth is the natural path — it cannot be absent from our lives.

(222nd) Laws are a clear example of how words shape our reality. They make visible the conflict between domination and truth. The so-called "legal web"⁶⁴ is a formation of texts that need to interact perfectly with one another. That, in itself, is wisdom — because laws were made to create harmony. So when legal provisions don't align, that's what generates conflicts or loopholes. In current Brazilian law, there are many contradictions, but the general tendency is toward improvement — correcting those inconsistencies. Based on this, I say that right now, illegal laws are being obeyed — ones that contradict higher legal provisions, and therefore should not even exist.

(223rd) Bad interpretations are also a problem — and I see this happening even when an agency, directly or indirectly tied to the State, doesn't use Portuguese within

⁶³ BIBLE, 1 John 5:19 — "We are certain that we are of God, but all the world is in the power of the Evil One".

⁶⁴ The legal framework — is the set of laws that govern people's actions in a society.

Brazil, even though it's the country's official language⁶⁵. To me, that means no other language should be used in legal acts. And that covers an endless number of cases, since our lives are almost entirely ruled by contracts. The reasons for this are tied directly to our citizenship. So, no company should be allowed to make official communications or offer contracts of adhesion in any other language here in Brazil, where the population speaks Portuguese. And this doesn't just affect individuals — if citizenship⁶⁶ itself is put at risk on a large scale, that ends up weakening our sovereignty too⁶⁷.

(224th) The use of Portuguese in Brazil is strongly protected by our laws⁶⁸ because it matters — a lot. But since English has been replacing it more and more, readers should understand that there's a real ideological war going on here. It's basically an invasion of rights by foreign interests, like a war between countries. Because without understanding the language, citizens are led around blind — guided only by whoever's holding the leash. And that fits perfectly with the goals of domination, whose body relies heavily on psychological deafness that, in turn, leads to the social body's mental blindness.

(225th) In Federal Court, for instance, there was once a system called Apollo for tracking legal cases that used English every time it had to display an error message. This violated the law protecting the use of Portuguese in such cases⁶⁹, and it shifted responsibilities onto employees. This interference significantly made it harder to meet performance goals. But beyond this case, we're seeing that this situation has become more common in Brazil due to the internet.

(226th) The body of domination also feeds on the muteness of the social body. Dominationists expand the media, but as I said before, they sabotage communication itself — especially language. At the same time, people stop speaking each other's language in another sense: the specialized jargon of different fields of study or work. Many areas are saturated with obscure or foreign terms. So one person doesn't understand the other, doesn't trust the other, and refuses to support initiatives. That dismantles the positive cohesion of social bodies in favor of the dominator body.

(227th) The body of domination invests in the illness of the social body. Just like in *The Matrix*, the Tower of Babel is a system that profits from human death: "The dead become food for the living." Pharmaceutical companies and entire industries profit from the sick. Others profit indirectly from death. This is the case with shareholders in companies that

⁶⁵ *Brazilian Federal Constitution*, Article 13. Source: Planalto. Available at: http://www.planalto.gov.br/ccivil_03/constituicao/constituicao.htm.

⁶⁶ *Citizenship* — is a concept linked to the autonomy to express the political will of a citizen. It is a concept closely related to the domestic law of a country, but in Brazil, it is primarily guided by the *Declaration of Human Rights*.

⁶⁷ *Sovereignty* — is a concept tied to the autonomy of a country's ability to express its political will. It is a concept more related to international law. Just as internal laws limit the freedoms of citizens, international agreements limit the freedoms of governments. However, just as there are laws that contradict fundamental laws and can therefore be considered illegal, there are also international agreements that conflict with fundamental rights and can therefore also be considered illegal.

⁶⁸ *Brazilian Federal Constitution*, Article 13rd (Available at: http://www.planalto.gov.br/ccivil_03/constituicao/constituicao.htm); Law 13.105/2015, Article 192 (Available at: http://www.planalto.gov.br/ccivil_03/_ato2015-2018/2015/lei/l13105.htm); Law 6.015/73, Article 148 (Available at: http://www.planalto.gov.br/ccivil_03/leis/l6015compilada.htm); Law 12.686/2012, Article 2nd (Available at: http://www.planalto.gov.br/ccivil_03/_ato2011-2014/2012/lei/l12686.htm).

⁶⁹ Law 13.105/2015, Article 192 — "In all acts and terms of the process, the use of the Portuguese language is mandatory." Available at: http://www.planalto.gov.br/ccivil_03/_ato2015-2018/2015/lei/l13105.htm.

thrive on destruction. But so many interests are involved in the destructive actions of corporations that it's difficult to identify all those who benefit from this predatory domination.

(228th) Wars are also golden opportunities for the dominationists to spread fear, to use force under the excuse of “fighting terror,” and to profit from it. Terrorism becomes nothing more than a pretext to terrorize. Sometimes they even promote war in the name of defending truth. But truth doesn't need to wage war to exist. It just needs to be spoken somewhere. From there, it spreads on its own. Without war, truth is the natural tendency. That's why neutralization is the goal — just like Jesus proposed. Truth, once revealed, neutralizes and restores social balance.

(229th) One example of war being used by the dominationists to carry out global terrorism was the so-called “war on drugs.” Its real aim wasn't fighting addiction, but monopolizing drugs for profit. In it, we see exactly how this game of lies and terror works.

(230th) The documentary *The Culture High* shows that, at the start of this war in the U.S., there was a full-blown campaign to demonize marijuana. Nightmares were served up to every social group at key pressure points, rallying the population against it as if it were some universal evil. The system turned to spreading rumors, fake news, and misleading ads.

(231st) For instance, they spread the idea that marijuana made women's breasts and men's testicles grow larger. At the time, that was framed as something that would dishonor women and strip men of their masculinity. In one video, they even showed the image of a child with melted bones slumped on a sofa. And children are especially sensitive about growing and developing. All of this was part of a demonization process, where these messages had the potential to spark panic in every uninformed individual. That's why the very first act of this war was to sweep libraries clean of any information about marijuana.

(232nd) Control of information by corporations and legal entities in general is one of the system's key strategies. Corporations are always at least somewhat complicit with governments, since they need bureaucratic approval just to exist. That means they're under control from the very moment they're born. And because of that, they also maneuver to pick and control those in government.

(233rd) On the other hand, if a company doesn't have a single boss in charge, then it has to talk to a lot of people to make decisions — and that weakens its personality. That lack of character makes room for evil, being simpler and more instinctive, is easier for people to fall into. The weak personality of the social body is seen by dominationists as a way to strengthen their own. That's why, for a long time now, what we've seen is one weak personality controlling others even weaker, always using fear as the tool of domination — even if it's just the fear of losing your job.

(234th) Jesus taught Peter that fear is the opposite of faith when He called him to walk on water and the disciple, overcome by fear, began to sink⁷⁰.

(235th) Jesus shows that, beyond being free of fear and anger, He acts with balance and precise timing when confronting evil. He didn't change a single Jewish law; He simply pointed out the contradictions within them and revealed what stood hierarchically above them — dismantling all the evil built into them. That's why the

⁷⁰ BIBLE, *Matthew* 14:30-31 - “But when he saw the wind he was in fear and, starting to go down, he gave a cry, saying, ‘Help, Lord’. And straight away Jesus put out his hand and took a grip of him, and said to him, ‘O man of little faith, why were you in doubt?’”.

reference point of God through Jesus matters so much: He laid down the primacy of love and forgiveness.

^(236th) He brought about a revolution simply by pointing out that the whole Law boiled down to just two commandments⁷¹ — the ones written in the Bible in Deuteronomy 6:5 and Leviticus 19:18.. Meanwhile, some Jewish and Muslim countries still show traces of religious extremism — although they also have religious commandments against killing⁷², and consider themselves spiritually elevated peoples — reveal how primitive these attitudes still are when they still kill in the name of religion.

^(237th) If Jesus acted on the Sabbath, for example, the Jews would argue with Him endlessly⁷³. But that was hypocrisy — because they themselves would rush out on that same day to rescue a lost animal from their flock if needed. Remaining completely passive in the face of real needs is impossible. Jesus pointed out the obvious: Sabbath rest was meant to serve human beings, not the other way around⁷⁴. Let's be real — taking Saturday off is the bare minimum to prove we're not slaves. The ideal is at least two days of rest per week, plus some real downtime every single day.

^(238th) It seems likely that the reason the Jews debated so much about the Sabbath was more about control. Even today, dominationists try to prevent people from using their time for themselves. A person who builds houses, for example, working one day a week for themselves, could build their own house. And then, they could stop believing in the illusion that only the rich have beautiful homes.

^(239th) Not long after Jesus left the human stage, the Jews faced wars that still rage on to this very day. That alone should have taught them that there's nothing sacred about a bloodstained Sabbath. They're still paying for staining their hands with the blood of Jesus⁷⁵, — something that was foretold in Scripture long before His coming⁷⁶ and witnessed by thousands. And that should make it crystal clear to everyone that He is the true Christ of God.

^(240th) Speaking of “dirty hands,” it's worth mentioning another argument that popped up — the Jewish ritual of handwashing⁷⁷. It's not like Jesus was against washing hands —

⁷¹ BIBLE, *Matthew* 22:37-40 — ‘Mestre, qual é o maior mandamento da Lei?’. Jesus respondeu: ‘Amarás o Senhor teu Deus de todo o teu coração, de toda a tua alma e de todo o teu espírito (*Deuteronômio* 6:5). Este é o maior e o primeiro mandamento. E o segundo, semelhante a este é: Amarás o teu próximo como a ti mesmo (*Levítico* 19:18). Nesses dois mandamentos se resumem toda a lei e os profetas”.

⁷² Jews share the Mosaic laws with Christians — BIBLE, *John* 7:19 – “Did not Moses give you the law? Even so, not one of you keeps the law. Why do you have a desire to put me to death? (*Exodus* 20:13 and *Deuteronomy* 5:17) – and among Muslims, the prohibition against murder is in the Qur'an, Surah Al-Ma'idah, 5:32.

⁷³ Jesus talked about the hypocrisy of accusing Him of breaking the Sabbath by pointing out that some things just have to be done right away. What He was doing was necessary, not work, so He wasn't breaking the Sabbath. BIBLE, *Matthew* 12:11-12 – “And he said to them, Which of you, having a sheep, if it gets into a hole on the Sabbath day, will not put out a helping hand and get it back? Of how much more value is a man than a sheep! For this reason it is right to do good on the Sabbath day”.

⁷⁴ BIBLE, *Mark* 2:27 — “And he said to them, “The Sabbath was made for man, and not man for the Sabbath”.

⁷⁵ BIBLE, *Matthew* 27:25 — “And all the people made answer and said, ‘Let his blood be on us, and on our children’.”

⁷⁶ BIBLE, *Psalms* 2:1-12; *Isaiah* 53:7-9 — “Men were cruel to him, but he was gentle and quiet; as a lamb taken to its death, and as a sheep before those who took her wool makes no sound, so he said not a word. They took away from him help and right, and who gave a thought to his fate? for he was cut off from the land of the living: he came to his death for the sin of my people.

And they put his body into the earth with sinners, and his last resting-place was with the evil-doers, though he had done no wrong, and no deceit was in his mouth”; among others.

⁷⁷ BIBLE, *Mark* 7:5 — “And the Pharisees and the scribes put the question to him, ‘Why do your disciples not keep the rules of the fathers, but take their bread with unwashed hands?’”

but come on, not washing your hands was a tiny issue compared to the bigger struggles of everyday life. Jesus straight-up called them hypocrites⁷⁸. How could people wash their hands if they didn't even have clean water? What's more important — eating or washing your hands? And here's the irony — Pontius Pilate⁷⁹ also washed his hands. That was pure ideology, a way to show that washing your hands doesn't clean your soul.

^(241st) Jesus was supposed to take the earthly throne as a worthy king, but He was betrayed by members of His own community for petty reasons — people who called themselves holy but were quick to anger. They even called Jesus a “Samaritan”⁸⁰, as if it were an insult, just because He spoke with the people of Samaria.

^(242nd) The Tower of Babel is a system that kills its opposition — but it couldn't kill Jesus. Whoever saw Jesus saw the light. Whoever hasn't seen Him, but turns toward Him, sees the light at the end of the tunnel — sees that evil has a way out. If He hadn't risen, not a single apostle would've had the courage to come out of hiding to tell His story. But because He rose, thousands gave their lives for Him.

^(243rd) People, in general, don't read the Bible with the care they should. The right way to read it is to see that the words of Jesus are hierarchically above all the other texts. If people miss that point, they risk giving more weight to Jewish ideas than to Christian ones. And yet, history itself is divided into before Christ — the Old Testament — and after Christ — the New Testament. His coming renewed humanity.

^(244th) Anything in the Bible that contradicts the words of Jesus should be reconsidered in light of Jesus' teachings, because that's exactly what He taught when He laid down the two core commandments. After all, the Bible also tells the story of humanity's downfall when it murdered Jesus⁸¹ — and that story is still unfolding today, maybe because people cling to outdated teachings and the old law of retaliation.

^(245th) Humanity moves in cycles — evolutionary phases. Right now, we're stuck in one. In this era, we still haven't moved past the adulterous generation Jesus talked about — the one made up of liars and hypocrites⁸². Adultery in marriage is the symbol of that generation. And to this day, it's preached with the same ease it was before Christ, now by the Antichrist.

^(246th) But it feels like this delay in human progress is coming to an end — we've hit a breaking point, where evil is getting bolder and more invasive by the day. It separates bodies, seduces the young, crushes the judges just to crush the people they're meant to serve. It empties out words so it can drain spiritual intelligence — which is supposed to be what gives human beings their strength. The tension's being

⁷⁸ BIBLE, *Mark* 7:6,7 — “And he said, ‘Well did Isaiah say of you, you false ones: These people give me honor with their lips, but their heart is far from me. But their worship is to no purpose, while they give as their teaching the rules of men’”.

⁷⁹ BIBLE, *Matthew* 27:24 — “So when Pilate saw that he was able to do nothing, but that trouble was working up, he took water and, washing his hands before the people, said, ‘The blood of this upright man is not on my hands: you are responsible’”.

⁸⁰ BIBLE, *John* 8:48 — “The Jews said to him in answer, Are we not right in saying that you are from Samaria and have an evil spirit?”.

⁸¹ BIBLE, *John* 7:20 — “‘Why do you have a desire to put me to death?’ The people said in answer, ‘You have an evil spirit: who has any desire to put you to death?’”.

⁸² BIBLE, *Matthew* 12:39 — “But he, answering, said to them, ‘An evil and false generation is looking for a sign; and no sign will be given to it but the sign of the prophet Jonah.’”.

pushed beyond what people can take, while the truth sits like a dam about to burst — it's already leaking out and spreading fast.

(247th) At the same time, if someone wants to live in truth, that comes with a price. You have to face things, and it can hurt. But without that, it's like you're not really alive. Living in truth means being yourself — fully — like you're a king in your own life. Living in lies is like being a tyrant — always acting based on others' expectations — or worse, a servant, someone who never even lives for themselves.

(248th) Today, the system's defenders mock past generations and arrogantly claim that both they and the system have “evolved.” But Chico Xavier pointed out something powerful: back in Jesus's time, the word “devil” actually carried a more balanced and just meaning than what some modern religions preach⁸³. Their version of the devil — as some god-like force fighting against God — is actually a leftover from the Middle Ages.

(249th) The religious mindset implanted during the Middle Ages was one massive ideological prison. Church leaders preached a kind of life where you weren't really allowed to live. They said things like: “Don't eat with pleasure — that's gluttony.” “Don't have sex unless you're married — that's fornication.” “Don't laugh too much — that means you're foolish.” And worst of all: “You'll burn in the fires of hell if you disobey the Church.” Then they handed people over to the State to be burned — taking on the role of both devil and hell themselves.

(250th) Back then, people seemed to walk around in straightjackets — only missing the actual jacket. Or maybe not even that. Just look at the clothes they were forced to wear — those outfits were practically prisons. Joan of Arc, for example, was burned at the stake — basically for dressing like a man. She “acted like a man”⁸⁴ so she could fight. Her conviction, despite being a national hero, showed clearly how the whole system was designed to keep women in submission.

(251st) Anti-feminism is just a hypocritical way to keep women enslaved — and to extend that control to society as a whole. That's why it's aggressively pushed by those in power. Have you ever thought about what it means that Jesus wasn't anti-feminist? That might actually be one of the reasons they came after Him⁸⁵. But even now, nobody talks openly about that. Bringing it up would be like exposing a secret they've been keeping for centuries.

(252nd) Just look at what He did: He healed a woman with a bleeding disorder. He spoke to a Samaritan woman who had been with multiple men. He didn't condemn the adulteress. And more than that — He spoke with women and spent time alone with them, even though Jewish society had strict gender separation. To this day, that kind of closeness is still frowned upon in both Jewish and Muslim cultures. There's even one scene where He's teaching Mary and Martha — while Martha's busy cleaning the house⁸⁶.

⁸³ Book *Boa Nova*, by Francisco Cândido Xavier, dictated by Humberto de Campos, No. 7 “The Struggle Against Evil” p. 50 — “The word 'devil' was then understood in its proper meaning. According to the exact sense of the term, it was the adversary of good, symbolizing, in this way, all the bad feelings that hindered souls from accepting the Good News, and all the men living wicked lives who opposed the purposes of a pure existence, which should characterize the activities of the followers of the Gospel.”

⁸⁴ Prejudiced expression against women who wear hairstyles or clothes similar to men's.

⁸⁵ BIBLE, *Luke* 23:28 — “But Jesus, turning to them, said, ‘Daughters of Jerusalem, let not your weeping be for me, but for yourselves and for your children’”.

⁸⁶ BIBLE, *Luke* 10:40-42 — “But Martha had her hands full of the work of the house, and she came to him and said, ‘Lord, is it nothing to you that my sister has let me do all the work? Say to her that she is to give me some help’. But the Lord, answering, said to her, ‘Martha, Martha, you are full of care and troubled about such

(253rd) Because of that, a big part of the body of domination actually comes from oppressed women — with enslaved people forming an essential piece of that body. But their liberation holds the power to free humanity as a whole. That’s why the name “Matrix” fits our system so well — it comes from “matrix”, the place where something is generated. It’s a term tied to motherhood, because the system operates like an oppressive mother — and mothers are oppressed so they’ll become oppressors.

(254th) The biggest difference between that time and now is that we live in the information age — and information leaves evidence. That’s unbeatable when it comes to both knowledge and faith. Back in the Inquisition, the dominators just burned every book that went against their interests. But now, minds are working from all directions. Even this book can’t be stopped — it’s already been widely shared, both physically and digitally. So now, the truth won’t be easy to suppress. It might actually be impossible.

(255th) Because domination has long been carried out through control of sexuality, the image of women has gone through a millennia-long demonization process. According to Lúcia — one of the child mediums from the “Miracle of Fátima” — Our Lady appeared as a beautiful woman who looked about 12 to 15 years old. She wore a fitted skirt down to her knees, with a mantle that just barely covered it — no longer than that. She also wore accessories: gold details on white clothing, a crown, earrings, a necklace. But the Catholic Church represses feminine manifestations and rewrites Her image as something muted: ugly, old, submissive, no accessories, and in overly restrictive clothing.

(256th) Dictating what women are allowed to wear is one of the oldest and harshest forms of oppression. That’s why oppressors distort Mary’s image — stripping her of value and dressing her in restrictive clothing. They also kill liberating women like Joan of Arc. And now, in Brazil, fashion trends go in the opposite direction — often overly sexualized, exposing women in ways that turn them into objects. That, too, is a kind of prison. So if we want to reach a higher concept of womanhood, we need to break free from the dictatorship of fashion.

(257th) If we want to get an idea of what the dictatorship of fashion looks like, we just have to look at the ancient depictions of Egypt, Rome, or old Jewish traditions — all their clothing seems robotically standardized. That’s still happening today, except most people don’t see it — unless they decide to challenge the system. At the same time, beauty standards glorify one look while degrading all the others. And because people feel undervalued, they end up chasing whatever standard is being promoted. The people around them, in turn, pressure them to conform — because they’re just as trapped in the same cycle.

(258th) One example still tied to the fashion dictatorship was the *Bra Burning* movement⁸⁷ — a protest where women challenged the way society treated them, as if

a number of things: Little is needed, or even one thing only: for Mary has taken that good part, which will not be taken away from her”.

⁸⁷ Also known as the *Miss America protest* — was a demonstration held at the Miss America 1969 contest on September 7, 1968, attended by about 200 feminists and civil rights advocates. The feminist protest was organized by New York Radical Women and included putting symbolic feminine products into a "Freedom Trash Can" on the Atlantic City boardwalk, including bras, hairspray, makeup, girdles, corsets, false eyelashes, mops, and other items. Source: Wikipedia. Available at: https://en.wikipedia.org/wiki/Miss_America_protest.

they were nothing more than sexual objects. To this day, bras are socially expected — a silent rule for a woman to be seen as “decent.” That’s why the system distorted the message of this protest and of feminism itself — as if what women were really asking for was the right to be promiscuous.

^(259th) The system is constantly at work, trying to keep people from realizing that none of this is natural. That’s why domination often hijacks the symbols of its own opponents — just like modernism proposes with the idea of cultural anthropophagy⁸⁸. The system acts like a ventriloquist, putting its words in people’s mouths.

^(260th) I’ve personally felt the system’s influence. I’ve been with men more than once, and besides always trying to control what I wore, every one of them pressured me into doing all the housework for them — like I was supposed to be their hands. But if everyone works outside the home, then everyone should share the housework too — things like cooking, washing their own dishes and clothes, and leaving the bathroom clean after using it. On airplanes, passengers are asked to wipe down the sink with the paper towel they just used — that same level of courtesy should apply at home. That kind of personal responsibility is essential, even if there’s an agreement that the woman stays home while the man works outside. In that case, she should still be paid for her labor — and she has the right to end her shift after eight hours, just like anyone else. She’s not there to serve him endlessly.

^(261st) The phrase “Kindness begets kindness”⁸⁹ is an example of how meaning is hijacked — used to break down the mystical Christian body and build up the body of domination instead. That phrase is supposed to reflect Christian goodwill. But under machismo, female kindness gets twisted into a tool for enslavement. In that dynamic, kindness doesn’t lead to kindness — it leads to exploitation. Domestic labor is one of the main weapons used to force women into unpaid, unending work. Kindness gets confused with subservience — but that’s not what Christianity teaches.

^(262nd) That’s why the idea of “getting ahead by cheating” is so often promoted by male characters — like Didi Mocó⁹⁰ (starting back in the 1960s). But honestly, if I tried to list every character that pushes this mindset, it wouldn’t fit in this book. That’s how deeply institutionalized it is.

⁸⁸ Oswald de Andrade refers to Brazilian culture absorbing symbols of domination. In practice, we see domination absorbing the symbols of various opposing ideologies. So, in this context, the word will refer to the ‘anthropophagy’ practiced by domination. The Anthropophagic Manifesto is available at: https://pib.socioambiental.org/files/manifesto_antropofago.pdf.

⁸⁹ This is the most famous phrase of **José Datriño** — known as ‘**Profeta Gentileza**’ (Prophet Kindness), a Brazilian urban celebrity. He was a type of preacher who became known in the 1980s for making peculiar green-and-yellow inscriptions (Brazil’s main colors) over a stretch of approximately 1.5 km under a viaduct in Rio de Janeiro, where he walked in a white tunic and long beard, offering his critique of the world and an alternative to the troubles of civilization. During Eco ‘92 (the United Nations Conference on Environment and Development), the Prophet Gentileza strategically placed himself where country representatives passed by, urging them to live kindly and apply kindness across the Earth. Source: Wikipedia, available at <https://en.wikipedia.org/wiki/Gentileza>.”

⁹⁰ **Didi Mocó** (or simply Didi) — is a Brazilian character created and portrayed by **Renato Aragão**, a Brazilian comedian, actor, producer, filmmaker, TV host, singer, and writer. Source: Wikipedia. Available at: pt.wikipedia.org/wiki/Didi_Moc%C3%B3.

(263rd) In the second Christian commandment, “Love your neighbor as yourself,” the key phrase is “as yourself,” which highlights that Christianity teaches mutual exchange, not slavery. That’s the real meaning behind goodwill: it’s supposed to be reciprocal. Everyone needs to give it and receive it — that’s the only way to build a truly human world.

(264th) On a global scale, the way information is controlled makes it clear that there’s a globalized structure of domination. The massacre of the Buddhist monks, for instance — which I’ve mentioned before — is one of those hidden stories. The fact that it’s being buried here in Brazil shows that Chinese political influence has also made its way into our country. What I saw about that in the documentary *10 Questions for the Dalai Lama*, with real footage, was shocking — and it should never have been allowed to just fade from history like it has.

(265th) In one scene from the documentary, Chinese soldiers lined up monks and strangled them one by one using tourniquets — leaving them dead in seconds. In another, a soldier held a monk’s hands and tortured him, forcing him to fire a gun at another. I only saw that footage because I had insomnia — it aired at 3 a.m. on the GNT channel. Later, when I watched the same documentary again, those scenes were gone.

(266th) To me, that means a lot! While spreading the word about the *Theory of Double Six* — a story I’ll share later — I once handed a flyer to an Asian man who appeared to have ties to organized crime.

(267th) Alongside terrorism, dishonesty is another major pillar of the ideological body of domination — like in the myth of *Pandora’s Box*⁹¹, which can be seen as a kind of ideological sequel to Adam and Eve. In Adam and Eve, humans sought to be like God by having knowledge. In *Pandora’s Box*, the dominationists go further — they declare themselves gods, because they’ve taken control of knowledge, monopolized it, and then labeled it “evil.” But what we’re really looking at are the “evils caused by withholding the truth” — evils that only exist because knowledge, which should belong to everyone, is locked away. And even if this is done “legally,” it’s still a form of dishonesty.

(268th) Even so, we shouldn’t lose heart in the face of such a broken social reality — one propped up by ignorance and lack of true intelligence. Quite the opposite, actually. Like entrepreneurs always say: “every crisis is an opportunity”. And this particular moment has been predicted in some of humanity’s most accurate prophecies. It’s a time of turning — a shift in our story. These prophecies include the Book of *Revelation* in the Bible, and the *Rebirth of the Red Phoenix*⁹² — which I’ll briefly comment on next.

⁹¹ *Pandora’s box* — is an artefact in Greek mythology connected with the myth of Pandora in Hesiod’s c. 700 B.C. poem *Works and Days*. Hesiod related that curiosity led her to open a container left in the care of her husband, thus releasing curses upon mankind. Source: Wikipedia. Available at: https://pt.wikipedia.org/wiki/Caixa_de_Pandora

⁹² *Red Phoenix Prophecy* — here refers to the lost wisdom that resides within each of us. It was written by the ‘Tsipias,’ a type of astrologer, in the document titled ‘Events That Occurred in the Year of the Dragon and Wood,’ 1929. It predicted that the ‘Lords of Secret Knowledge,’ mysterious sages who had in their archives the true history of the legendary lost lands of Lemuria and Atlantis, as well as of the future of humanity, would be killed. I assume this happened, given that many other predictions they made have come true. They also predicted that there would be a rebirth of knowledge around this period we are living in, in the land of ‘O Fu Sang,’ which is Brazil. Available at: <https://www.encontroespiritual.org/bartigos/misteriosmagia/misterios01.html>.

(269th) The Tibetan prophecy of the Red Phoenix, from 1850, accurately predicted the first and second World Wars, the death of the 13th Dalai Lama⁹³ in 1933, the invasion of Tibet in May 1950, and the exile of the 14th Dalai Lama. That Dalai Lama is still living in exile in India today. According to the prophecy, it was to be expected that our social reality would reach a state of deep moral collapse — because the Phoenix burns itself to ashes before it can rise again. That symbolizes the near-total collapse of humanity's social wisdom, so that afterwards it can be reborn completely renewed.

(270th) But for that to happen, all of us — including you — have to play our part. We need to cast out the fear inside us and let the person we truly are be born. Seek out your truth. You already know it, because it lives organically inside you and it's unconditional. It's the light of life. It's God within you.

(271st) And with you, a new generation will rise — free, strong, powerful, and greater than all nations, untouched by oppression. The leader of that nation, the Red Phoenix, is Jesus Christ — the crucified, bloodied one whose message always rises again, because it never dies. He will put an end to this farce, because those so-called gods who dishonestly hold back the world are nothing more than corrupt human beings.

(272nd) And all this evil will become a thing of the past when Pandora's Box is finally opened.

Section Four: Mechanisms of Controlling Knowledge

(273rd) The dominationists use brute force to control knowledge, but they like to frame it as something “democratic” or “psychological” — in other words, something that feels natural. However, they treat our reality like a giant theater. Behind the scenes, they threaten the performers with their deepest fears so that, on stage, they say exactly what they're told to. Anyone who doesn't play along with this show can even be killed, but more often, they are banished from meaningful social activities.

(274th) The persecution of Jesus is a clear example of this use of force to block people from accessing knowledge. They questioned His authority to speak⁹⁴, and after His murder, His followers were threatened and killed. But He reached a massive audience, spreading knowledge in a truly democratic way. In response, the system faked a surrender, hijacked the Christian voice, and actually silenced it — by reshaping it into their own version.

(275th) Once the dominationists pick which voices the world gets to hear, that's when they switch to “democratic” and psychological control. The words spoken on stage, backed by hypnosis, shape the minds of the entire audience watching the performance. And here's the thing: the line between living in a world built on lies and being hypnotized is razor-thin. Knowledge shapes reality for us — and domination rewrites it to serve its own interests. Once people buy into that manufactured reality, they themselves start pressuring the outcasts to fall in line, carrying out this so-called “democratic” control.

⁹³ The *Dalai Lama* — is the religious leader of Lamaism and also the head of state of Tibet.

⁹⁴ BIBLE, *Matthew* 21:23 — “Tendo Jesus entrado no templo, e estando a ensinar, aproximaram-se dele os principais sacerdotes e anciãos do povo e perguntaram: ‘Com que autoridade fazes tu estas coisas? E quem te deu autoridade?’”.

(276th) The dominationists redirect knowledge to shape people's views and actions. Mikhail Bakhtin⁹⁵, in his book *Marxism and the Philosophy of Language*⁹⁶, talks about how language is used as a tool to maintain the opinions of the ruling classes. These are, in fact, dominationists, not simply rulers.

(277th) One example of domination through language is in the concepts of “chastity” and “promiscuity.” Women are expected to be chaste, which is a way of psychologically repressing them. And men are expected to be promiscuous, which dehumanizes them and makes it easier to control women.

(278th) Over time, “promiscuity”⁹⁷ has absorbed meanings like dishonesty and unfaithfulness. This cultural expectation of male promiscuity encourages polygamy, which—even if some cultures see it as honest—inevitably fosters dishonesty. Lying becomes normal as a way to avoid conflict where there's no real commitment. This makes relationships weaker and more superficial.

(279th) The Bible even suggests that polygamy may have been the cause of the enmity that led to wars between Jews and Arabs, and today, between Jews and Muslims. According to the narrative, Abraham's first wife had him banish the servant, Hagar, and their son⁹⁸ because she felt that the servant's behavior changed after bearing him a child. That family conflict made Abraham's two sons enemies: one from his wife, the other from his servant. Later, Ishmael, Hagar's son, became the ancestor of the Arabs, and Isaac, the son of his wife, became the ancestor of the Jews. These days, some of the main historical conflicts involving Jewish communities aren't necessarily Arabs but Muslims — followers of Islam, which arose from within the Arab people.

(280th) Polygamy is a bad concept for marriage, just like promiscuity is a bad concept for relationships. But since promiscuity temporarily connects bodies and then separates them for good, it serves the interests of domination. Because of that, concepts are manipulated to promote promiscuity — which also leads to moral condemnation.

(281st) We need true and healthy concepts to reach spiritual Heaven — which happens when we free ourselves from psychological prisons and discover our best side. That's why chastity, as the opposite of promiscuity, would be a good concept for relationships — as long as the word isn't defined with exaggeration. Chastity, then, would be the quality of someone who has pure, honest feelings in their relationships.

(282nd) Chastity — when we leave out the extremes — is an important attitude. Mary, the mother of Jesus, was an exception because her chastity was taken to an extreme. But that was necessary to fulfill what was written in the prophecies⁹⁹. The wisdom in her example shows that true freedom becomes easier when a person is not ruled by sexual desire.

⁹⁵ **Mikhail Bakhtin** (1895 – 1975) — was a Russian philosopher, literary critic and scholar who worked on literary theory, ethics, and the philosophy of language. Source: Wikipedia. Available at: en.wikipedia.org/wiki/Mikhail_Bakhtin.

⁹⁶ *Marxism and the Philosophy of Language* — is available for download on the website: https://monoskop.org/images/8/86/Volosinov_VN_Marxism_and_the_Philosophy_of_Language.pdf

⁹⁷ Here we are only referring to sexual promiscuity.

⁹⁸ BIBLE, *Genesis* 21:9-17.

⁹⁹ BIBLE, *Isaiah* 7:14 — “Therefore LORD himself will give you a sign: Behold, a virgin shall conceive, and bear a son, and shall call his name Immanuel”.

(283rd) However, the concept of chastity has also been distorted by the dominators for the psychological sexual repression of people, based on the idea that the original sin was the sexual act. But this idea is written nowhere, and it would condemn everyone — because, except for rare cases, all of us were born from the sexual union of our parents.

(284th) The distortion of concepts by dominators is especially useful to them, because it justifies the use of force. Social perspectives are then shaped in a way that influences and weakens people's resistance. Ideas are invisible bars. That's why, throughout the 20th century, many philosophical works proposed liberating ideas, but they didn't solve the problems they described — because they lacked spiritual intelligence, which the system blocks.

(285th) For example, Simone de Beauvoir¹⁰⁰ often used the story of Adam and Eve when analyzing the condition of women in relation to men. But her reliance on that story limited her reasoning limited her analysis. The second Christian commandment could've been the basis to say that male supremacy over women is an illegitimate condition. That commandment is a higher concept — and if it's understood across all areas of life, it makes humanity more human and, as a result, more free.

(286th) The philosopher Michel Foucault¹⁰¹ describes exactly what we're talking about here. He presents a study of how power moves at the smallest levels — what he called “the microphysics of power.” He talks about these control mechanisms through the way forces act between people. That's why: “microphysics.” He especially highlights how knowledge is institutionalized in ways that serve the interests of the dominant classes — which are, in truth, dominationists.

(287th) Knowledge is institutionalized — that is, adopted by the system — and imposed on the population with distortions, as a way to exercise or monopolize power. And think about how much harm is caused when knowledge and truth are separated. Foucault relativized truth, as if a universal truth couldn't exist. However, there's a key point here: behind power, there should be truth — and that's not relative, it follows a kind of logical precision. But what actually exists is dominationism — and dominationism is not neutral. It's negative.

(288th) The limited dissemination of knowledge is also a way to lie about it, as it amounts to withholding it. Therefore, changing this involves spreading information, not imposing it. Today, for example, due to economic interests, information about marijuana is restricted to the scientific elite, but the suppression of that information was immediate and direct.

(289th) In the documentary *The Culture High*¹⁰², Todd McCormick¹⁰³ says that, at the time, the Nixon administration sent letters to universities directly ordering them to remove information about marijuana and hemp from their libraries. He didn't disguise his intentions.

¹⁰⁰ The book *The Second Sex* by this author is available for download at the site: <https://newuniversityinexileconsortium.org/wp-content/uploads/2021/07/Simone-de-Beauvoir-The-Second-Sex-Jonathan-Cape-1956.pdf>.

¹⁰¹ **Paul-Michel Foucault** (1926 – 1984) was a French philosopher. He is known for his critiques of social institutions, primarily psychiatry, medicine, the prison system, and for his ideas and developments on the history of sexuality, his general theories on power, and the complex relationships between power and knowledge. Source: Wikipedia. Available at: https://fr.wikipedia.org/wiki/Michel_Foucault.

¹⁰² *The Culture High*, is an USA documentary released on September 18, 2014, at the Canadian Cinefest Sudbury International Film Festival. Directed by Brett Harvey. Produced by Adam Scorgie. It features testimonies from various experts about marijuana and discusses the consequences of the so-called “war on drugs”.

¹⁰³ Researcher, editor of the book *The Emperor Wears No Clothes* by Jack Herer.

^(290th) At the same time, the government used force by arresting and killing dealers and users, while firing and persecuting people in high positions if they revealed the truth about marijuana. This last case happened to Professor David Nutt, who worked on the Advisory Council on the Misuse of Drugs.

^(291st) This notable scientist created a harm scale with 16 points and selected 20 drugs for evaluation. Using a computer program called Multi-Criteria Decision Analysis, he discovered that alcohol was one of the most harmful drugs and marijuana one of the least. When he made this revelation, he was fired. The clearly stated reason was: “You have to follow a line: alcohol is good, marijuana is bad, and you’re getting it all wrong.”

^(292nd) The internet gives the illusion that the system no longer hides information or uses force to block it according to its interests. For example, because people can at least begin to talk about cannabis, they think the system no longer spreads lies about it. But most people have never even heard of the endocannabinoid system which highlights the medical importance of cannabis — receiving instead only negative information about it. And this goes against the direct evidence of hundreds of cannabis-based medical patents, whose numbers continue to grow¹⁰⁴. Because of this, the dominationists continue to maintain complete control over the subject — using force, psychological pressure, and under the appearance of democracy, manipulating public opinion to oppress the poor who benefit from marijuana.

^(293rd) This shows how knowledge control works. It’s not just the identity, meaning, content, and information about something that are hidden. The system also makes society persecute the thing itself — and anyone who approaches it — through demonization.

^(294th) Nowadays, the idea that we are free to think is hypocritically promoted. Yet the dominators still demand that people have “authority” to speak — just as they did with Jesus — blocking that authority through a network of protected individuals with a single dominant discourse that prevents others from being heard.

^(295th) At the same time, the general public does not want to hear words different from the system’s, because they think those ideas reflect a consensus. This is one reason why human evolution is horizontal: our minds need the audience and support of other minds, something that only happens when false consensus are broken. That is what opens the way to reach universal rules. If we still do not have peace, it is because we have not yet reached a wise consensus — one that allows freedom of thought but anchors understanding in good results.

^(296th) Jesus came to denounce the system of lies in which we live. But even today, the dominators hypocritically prevent people from truly listening to Him. One example of this is the hostility of some religious people toward Mary — which reveals anti-feminism, often unconscious, that promotes disregard for the female mind.

¹⁰⁴ The number of patents related to cannabis-based products has increased considerably in recent years. Specifically, there are about 570 patent families in the fields of medical technologies related to cannabis, covering approximately 2,200 patent documents from 2011 to 2020. Available at: <https://jcanabisresearch.biomedcentral.com/articles/10.1186/s42238-020-00057-7>

(297th) This leads us to believe that women played a major role in humanity's advances in knowledge. Since they were forbidden to sign their works, they might be behind, directly or indirectly, all of our inventions. It may be that men stole their ideas or built on their ideas and reasoning.

(298th) Teachers could be the means of resisting this control created by the distortion of knowledge. But they are oppressed — almost tortured — by overwork, in order to be stopped by the system. Because of that, at every level there are barriers to knowledge and psychological tricks. At the lower levels, students are devalued; at the higher levels, from college onward, they are overvalued, which makes intellectuals dazzled and detached from people with basic education.

(299th) For this reason, the intellectual population is blinded by vanity and doesn't rebel against the system, filling areas of knowledge with vain words to the point that they seem to speak different languages. Thus, the language of terror achieves the unity that truth, this noble unknown, should have.

(300th) Adding to this picture, the lack of dialogue makes areas of knowledge create dogmas — unquestionable foundations — which are only seen as such because they are not challenged by other fields. This lack of dialogue between disciplines greatly reduces social intelligence and strongly materializes the neurotic society Jung spoke of.

(301st) The knowledge of the world isn't made up of isolated truths; on the contrary, it needs a larger whole to be perfected. We divide subjects into study areas for didactic purposes so we can understand them, but the ideal is to unite them.

(302nd) In this book, for example, I have to bring together many subjects in which I am not a specialist and draw conclusions from them — as I believe everyone should do. Without that, I would not have the freedom to speak. We need this to evolve our thoughts and reach another stage of reasoning, like a step on a staircase. Knowledge is infinite, but we can only go deeper when we overcome its stages through conclusions.

(303rd) However, terror doesn't just reduce dialogue; it also silences the population by increasing taboos¹⁰⁵ — which often form around topics of great importance to human beings, such as sex and money. This hinders the development of maturity from childhood and reduces language, distancing people from each other. When they touch on a subject considered forbidden, they get irritated and awaken their inner demons.

(304th) Taboos come from demonizations. They are like defamations, which are social bans, except that they refer to subjects. The demonizations carried out by the system are a way to control people's feelings by instilling prejudices. Campaigns are made against what is meant to be hidden, making people develop a kind of aversion toward the demonized thing for intangible reasons

(305th) The listener projects their own demons onto the demonized thing, and not its actual nature. That is why this process can create many negative associations in their mind.

(306th) At the same time, people tend to absorb and even internalize those demons as they receive another person's destructive anger, increasing mental blocks

¹⁰⁵ *Taboos* — are topics that society labels as forbidden.

— even if they know nothing about the subject. The murder of Jesus, for example, was a ritual in which people were unconscious and full of inner demons¹⁰⁶. And rituals, in general, are acts embedded in cultures in which people act without reflection — as in the collective inquisitions among the Jews.

(307th) One of the means used by the dominators to spread the language of terror through lies and silence is the use of symbolism¹⁰⁷, — of merely suggesting, creating an atmosphere of uncertainty. Its guiding principle is to leave things unnamed but that also gives it most of the power of mystery.

(308th) This technique is often used under the pretext of giving a text an artistic vision, leaving gaps and mysteries in communication, which encourages deception because it leads people to avoid discussing topics directly.

(309th) Many times, the dominators need to use suggestion in order to lie, because when information is presented with key parts missing, that empty space itself becomes information. To prevent people from noticing this, they reinforce the disinformation through confusion and the imprecision of ideas. The information age resembles the biblical dragon, as it uses deceitful ideologies to control.

(310th) Mystery, in turn, triggers fear. For example, for a long time, the Islamic State was referred to in Brazilian news as “The Mysterious Islamic State,” suggesting the unknown and inciting fear. That kind of naming promoted the group more than it showed rejection of terrorism.

(311th) Similarly, in the “good cop/bad cop” technique, social communication instilled fear of the bad guys while the imperialists, playing the role of the good guys, psychologically controlled their victims — the governed. This is because, globally, terrorism is profitable, as it drives prices up.

(312th) The Tower of Babel is a scheme that works with a negative strategy to dominate us from the very beginning of our lives. For example, when people are still children, they need to see others as similar in order to recognize themselves. In the information age, however, the idea of competition driven by vanity is encouraged from early on. The media keeps suggesting many concepts of what it means to be “someone above others,” until children start thinking something like: “there is only one superior, and it’s me.”

(313th) Recognizing similarities between people is most necessary in childhood, but it is important at any stage. Without it, essential psychological steps are suppressed, driving many people insane. They become easy targets of existential crises because, by not seeing others as similar, they do not see themselves. The other is the true mirror in which we recognize ourselves.

(314th) The monopoly over information carried out by the dominationists is exercised in an almost imperceptible way. First, they suggest that people earn their prominent places in the mass media through their own merit and not through their interests. But the image of

¹⁰⁶ *The Secret Gospel of the Virgin Mary*, page 197 — “Even though I expected all of this, I could barely believe what I saw and heard. I saw an ordinary woman, a housewife, saying awful things and threatening him with a clenched fist. I saw someone who had been paralyzed, and whom he healed, spit on him and curse him. I saw the priests and Pharisees hugging each other in joy and cheering because, finally, their enemy was hopelessly lost. Then I broke down.”

¹⁰⁷ Words from an interview of Jules Huret with Stéphane Mallarmé for the *Journal des Goncourt*, 1893, TIX, p.111 — “Naming an object,” he says in Jules Huret’s *Enquête*, “takes away three-quarters of the pleasure of the poem, which is found in the joy of gradually guessing; suggesting it, that is the dream.”

Source: https://fr.wikisource.org/wiki/Page:Thibaudet_-_La_Poésie_de_Stéphane_Mallarmé.djvu/114#cite_note-1 and https://en.wikipedia.org/wiki/Goncourt_Journal.

those protected by the system is heavily promoted, even by search engines on the internet, turning them into celebrities while omitting others. In this way, the system-approved groups present a single stance that defends the system's interests, erasing the image of everyone else.

^(315th) One example of information held back by the system up until now is about electric cars — an invention that's nearly two centuries old. Yet they are always presented by the mass media as if they were a new invention¹⁰⁸ and as a solution for environmental preservation. However, the lower-income people, even today, generally cannot afford them.

^(316th) At the same time, we see that even today they would not really be an environmental solution, because of the pollution caused by their batteries and their short lifespan. This fact alone should be enough to highlight the need for biofuels such as ethanol. And yet, the price of ethanol fuel is burdened with taxes that make it become less competitive than gasoline. This, in fact, goes against national interests, suggesting it serves foreign interests — since we are major producers of ethanol.

^(317th) Many foreign countries and companies have interests that oppose the mass use of electric and ethanol-powered cars because both reduce oil consumption. In 1967, the *Jornal do Brasil*¹⁰⁹ reported both on the production of electric cars in Japan and the restart of the war between Israel, Syria, and the United Arab Republic. But here in Brazil, while the war was heavily discussed, the news about electric cars was brief and superficial.

^(318th) This process of reducing good news was progressive. In 1967, at least, we had reports on local and national production. Now, only the capitals have local news, and it's not about production. Today's news is a mix of ideas with no clear hierarchy.

^(319th) This removes people's defense mechanisms. If newspapers were truthful, they would play the same social role that the unconscious plays within the individual — leading to an understanding of the environment. Reading about facts within our orbit increases our ability to read life itself. If information has verifiable content, we observe the mechanics and draw conclusions about the consequences. If not, people become fearful of predicting anything, and the social mind is blinded.

^(320th) This situation became even worse because the controllers polluted our media and began to act invisibly within the social network they created. They act like a psychopath¹¹⁰ who, on an individual level, weaves plots to break the personal bonds of their victims. Once the victims are isolated, they are left without correct information and are led into the controllers' domain — because reliable information

¹⁰⁸https://ar.wikipedia.org/wiki/%D8%AA%D8%A7%D8%B1%D9%8A%D8%AE_%D8%A7%D9%84%D9%85%D8%B1%D9%83%D8%A8%D8%A9_%D8%A7%D9%84%D9%83%D9%87%D8%B1%D8%A8%D8%A7%D8%A6%D9%8A%D8%A9 e também em: <https://www.coulst.com/blog/evchargersareold>

¹⁰⁹ *Jornal do Brasil* — is a traditional Brazilian newspaper published in Rio de Janeiro. It was founded in 1891 by journalist Rodolfo Epifânio de Sousa Dantas. In 2010, it became the first Brazilian newspaper to go fully digital, but its print edition returned in 2018. Source: [wikipedia.org/wiki/Jornal do Brasil](https://news.google.com/newspapers?nid=0qX8s2k1IRwC&dat=19920614&b_mode=2). Historical editions available at: https://news.google.com/newspapers?nid=0qX8s2k1IRwC&dat=19920614&b_mode=2.

¹¹⁰ *Characteristics of a psychopath* — A psychopath is marked by a deviation of character: an absence of feeling, coldness, insensitivity to others' emotions, manipulation, narcissism, egocentrism, and a lack of remorse or guilt for cruel acts. They also show inflexibility in the face of punishment. Source: Significados. Available at: <https://www.significados.com.br/psicopata/>

is actually obtained through social interaction. The controllers remove nearby information and bring only news about distant situations.

(321st) Thus, when a famous person dies or an accident happens, it almost seems as if many deaths and accidents occurred — because those stories are repeated endlessly. The negativity is amplified, making it seem as if we only receive information from the morgue, the police, the hospital, or the fire department, leading people to see reality through a defeatist mindset.

(322nd) Negativity keeps people on high alert against risks and in a defensive stance, yet numb to good. That's why they're often pushed into negative expectations before events even happen, and don't try to stop them — as if they were ideologically surrounded — even to the point of collaborating with them.

(323rd) To avoid psychological control, every person has to practice self-control. Besides, psychology is a means of control that operates on all types of entities — individuals, legal persons, companies, or states — because all of them begin with the human being.

(324th) One way to practice self-control is for a person to give themselves commands through words. They can say, “I know this person irritates me. I'll see them soon, but I will avoid getting irritated!” By speaking to themselves this way, they can control their body chemistry and prevent irritation.

(325th) An example of psychological self-control is chemical camouflage, in which a person mainly uses the eyes, performing an inner theater that controls their personal chemistry in order to deceive. Notice that a seductive gaze can seduce without much effort. But this camouflage can interfere with the person's overall personality — either restoring or harming their psychological state, depending on the direction in which the chemistry is generated.

(326th) Chemical camouflage is a human trait that occurs across all biological environments on our planet. The dominators use it to exert invisible control. They insert themselves into reality in disguise, presenting themselves as the “good guys.” Then, through this performance, they co-opt others—often the very victims themselves—whose control becomes both the means and the desired outcome.

(327th) In terms of legal entities, the U.S. won over Latin American countries through seduction before conquering them with weapons. The psychological control this country exerts over others is similar to chemical camouflage. They present themselves as peaceful, but in Latin American countries, they foment revolts.

(328th) A little-noticed way of controlling the population through the omission of information is the lack of knowledge about rights and duties — which is also deliberately caused. But this deeply undermines people's defense, since this is a foundation of our legal system— the presumption of knowledge of the law. This principle is in Article 3 of Decree-Law 4.657/42 (Law of Introduction to the Rules of Brazilian Law), which states: “No one may excuse themselves from complying with the law by claiming they do not know it.”

^(329th) Think about it: if people are required to know the laws, then the State is obviously responsible for informing them. Of course, it is neither useful nor possible to present all laws at once in the mass media. But it is possible to gradually and consistently inform people about their rights and duties, as well as to report when a law is published. Moreover, the intelligence of this article lies in the idea that at least the understanding of rights and duties must be disseminated. If all broadcasts were designed to show what is legal or not, this would be a way to spread the understanding of all laws.

^(330th) In reality, this “legal gap”¹¹¹ “ didn’t exist before the repeal of Decree Law 869/69¹¹², which focused on Moral and Civic Education. This repeal could be seen as the start of a period of intense abuses by capitalists. It has harmed the overall transmission of information through mass media.

^(331st) Section “f” of Article 2 of this Decree Law specifically addressed the understanding of rights and duties¹¹³ — something fundamental to the legal system universally. For this reason, I find this repeal serious, and I am surprised that no one talks about it. After all, without the dissemination of an understanding of rights and duties, there can be no presumption of knowing the law. Consequently, the entire structure of our legal system collapses, since it rests on this very foundation.

Article 2nd: Moral and Civic Education, supported by traditions, aims to: [...]
f) ensure the understanding of the rights and duties of Brazilian citizens and the knowledge of the country's socio-political and economic organization.

^(332nd) At the same time, item “d” of Article 6 of this Decree-Law required the coordination of all public communication around moral and civic education — which necessarily involves understanding rights and duties. Moreover, teaching civility was a democratic interest of the entire population, not just of the military, as was claimed by those who defended its repeal.

Article 6th: It will be the specific responsibility of the CNMC (National Commission for Morality and Civics) to: [a, b, c]
d) influence and summon the cooperation of institutions and organizations shaping public opinion and promoting cultural diffusion, including newspapers, magazines, publishing houses, theaters, cinemas, radio and television stations; the cooperation of sports and recreational entities; the cooperation of professional associations and organizations; and the cooperation of printing and advertising companies; (...).

^(333rd) When that part of our legal framework fell apart, even the standards for defining education got thrown out. And that messed up our understanding of where the boundaries of broadcasting should be. Article 3 of Decree No. 52,795/63, which regulates broadcasting services¹¹⁴, clearly states that programming couldn’t go against education. But once moral and civic education was scrapped, the whole idea of “education” lost clarity — and that opened the door for capitalists to exploit the media without limits.

¹¹¹ *Legal gap* — is a legal term used for any situation where there is no applicable law.

¹¹² Law No. 8,663/1993 — Repeals Decree-Law No. 869, of December 12, 1969, and provides other provisions. Available at: http://www.planalto.gov.br/ccivil_03/leis/18666cons.htm.

¹¹³ *The understanding of rights and duties* is also addressed in Article 32 of the *Pact of San José of Costa Rica*. Available at: <http://www.pge.sp.gov.br/centrodeestudos/bibliotecavirtual/instrumentos/sanjose.htm>.

¹¹⁴ *Broadcasting* — includes services intended to be received directly and freely by the general public, and its main branches are sound broadcasting (radio) and the broadcasting of sound and images (television). However, there are other means of communication through the transmission of radio signals, such as telex.

Article 3rd: Broadcasting services have educational and cultural purposes, even in their informational and recreational aspects, and are considered to be of national interest. Commercial exploitation of these services is only allowed if it doesn't harm that interest or take away from their purpose.

(334th) That's how commercial interests started to outweigh educational ones in broadcasting — they even turned outright against education. With fewer restrictions, profit started coming mainly from bad habits, addictions, and lifestyles lacking moral grounding. Little by little, people were led to use more aggressive language, dividing everyone. A lot of these ideas were pushed through comedy shows, which very quickly got people used to polarized social roles and made society more conflict-driven.

(335th) Heroes, for example, weren't supposed to be disrespectful — they weren't supposed to ignore rights and responsibilities without facing real consequences.

(336th) Now, dominationists suggest that the rise of pornographic dance and lyrics in Brazilian music only happened because military censorship was removed. But that's a major misunderstanding that needs to be cleared up. The censorship during the dictatorship was political and undemocratic — it had nothing to do with the kind of content restrictions we're talking about here. In fact, back then, good Brazilian films got censored, while pornographic ones were promoted.

(337th) Legal limits on broadcasting are necessary — and because of that, they're democratic. It's ignoring those limits that's undemocratic. And the worst part? According to Article 2 of Decree 52,795/63, it's the Executive Branch that permits this kind of abuse — even though it's supposed to prevent it.

Article 2nd: It is the exclusive responsibility of the Union to regulate any matter related to broadcasting services. [...]

(338th) Pornographic content took longer to infiltrate Brazilian music than it did in cinema — mainly because Brazilian music had global reach. The situation intensified after 1996, when early sexualization started to take root. It all began with a small opening created by the band *Mamonas Assassinas*¹¹⁵ — who used a mix of erotic and childlike language. That gave groups like *É o Tchan*¹¹⁶ and *Companhia do Pagode*¹¹⁷ the opportunity to push a style that moved strongly toward pornographic content — and others followed, making things even worse. Their strategy was simple: use language easy enough for children to understand, and through that, promote early sexual behavior — even pedophilia. And that manipulation still hasn't stopped.

¹¹⁵ *Mamonas Assassinas* — was a Brazilian pop rock band. Their musical style employed a humorous mixture between rock and a wide range of styles, often borrowing elements from other music. They were very popular both for the lyrics of their songs and for their live performances. On March 2, 1996, the plane in which the band was traveling crashed into the Cantareira mountain range, near São Paulo, killing all five band members.. Source: Wikipédia. Available at: https://pt.wikipedia.org/wiki/Mamonas_Assassinas.

¹¹⁶ *É o Tchan* — is a musical group that became popular in Brazil in the 1990s, mainly through widespread promotion by mass media. The choreographies were performed by three dancers, two women and one man.

¹¹⁷ The most popular song from this group was “Na boquinha da garrafa”, which has lyrics with pornographic suggestions.

(339th) After that, the songs repeatedly broadcast on the radio began to be replaced by ones that openly degraded women. The public's libido was artificially stimulated through techniques designed to overstimulate desire. And this dulled people's sensitivity to the fact that predatory sexual behavior — when someone believes it is acceptable to have sex with another person without consent — is not sex, but violence.

(340th) One clear example of that violation is the song “*Melô do Tchan*¹¹⁸,” which openly suggests rape. In the early videos for that song, they even superimposed fake X-ray images onto the dancers to highlight the position of their vaginas. That kind of ideological destruction wrecked the global reputation of Brazilian music once had.

(341st) On top of the normalization of rape as entertainment, our society is both hypocritical and ineffective when it comes to stopping it. Our laws say rapists should be punished, but because of stigma, it's usually the victims who end up punished — whether they've been raped or assaulted in any way. This is a way to use the strength of men to oppress women.

(342nd) Our laws are great on paper, but reality? It's a lie. The system works actively — or passively — against them. That's why we're still stuck in this state of brutality. This mindset that protects rapists is the same kind of mentality that existed when Jesus walked the Earth. And as long as we keep allowing this kind of violence, we're holding back our own evolution by force.

(343rd) The U.S. funded Brazil's 1964 military coup and has been leading these efforts to twist knowledge, stir ideological chaos, and impose power on people ever since. They use entertainment to manipulate and dominate other countries. They slander nations through movies — often in very obvious ways. In those productions, they always portray themselves as the neutral, balanced, rational ones — while everyone else is made to look ridiculous. They paint other cultures in offensive caricatures and never treat them as equals.

(344th) It's just a distraction tactic — like the old trick of throwing a rock. You throw a small stone in one direction so everyone looks there, and then slip by unnoticed on the other side. Building up or tearing down reputations is often just a tool to stop people from seeing themselves in a positive light — to keep them divided and easier to control. That's what they do with countries under their ideological grip.

(345th) Twisting information is actually a lot of work — it would be much easier if the news were simply reported as it is. It would be easier to show social and technological progress, the services available locally, how institutions, public agencies, and companies operate. After all, there's plenty of real material out there to share.

(346th) The issues we see keeping people trapped under the control of dishonest groups are directly tied to the weakening of spiritual intelligence and morality. So, to overcome this challenge — the prison of the Tower of Babel — we need to free our thinking and look at knowledge with the widest possible perspective. We have to avoid the empty entertainment they hand us and engage more with reality. When our

¹¹⁸ Excerpt from the song “*Melô do Tchan*” by Cissinho do Tchan and Lima — “Everything that is perfect we grab by the arm / throw her in the middle / put it on top, put it on the bottom / After nine months you'll see the result / [...] On Sunday, she doesn't go, go, go” (It was often confused with: 'With me, she doesn't go, go, go,' which suggests that even if the woman refused sex, she would still have to do it.)

society manages to reach that level of growth, it will be free. For that to happen, it's essential that we break out of the theater where the bars of our prison are built.

POST-CHAPTER – Electrochemical Communication and Mental Closed Circuit

^(1st) Like a postscript — the famous “P.S.” — this is a “post-chapter” of *Tower of Babel*, where I try to offer a more concrete view of the deeper workings of the mind and some aspects of the intimate relationship between humans and language.

^(2nd) First thing I need to say: the words humans *speak* have more power over them than the words they hear. Because of that, the dominationists act by making people say words that end up controlling them.

^(3rd) We carry within us a constant information-processing system. For us, it's even hard to tell which came first: the energy we feel in the word, or the word itself. A word is not just some vague collective symbol. At the same time as it has a generic side, it also has an individual application. The word “world,” for example, can never fully contain what the world really is. That same noun can take on endless concepts depending on how it's applied and across a lifetime. The more a person matures, the deeper their understanding of the world gets.

^(4th) The reality humans perceive is, basically, conceptual — defined by concepts. This entire process comes down to assigning meaning to words or stripping meaning away from them. That expands or shrinks the word's field of meanings — its semantic field — giving the speaker a larger or smaller vision of the world. The stabilization of a word in someone's mind lies in the balance between *carrying meaning and conveying meaning*.

^(5th) The processes that make semantic fields grow or shrink are the conclusions, which get removed at the points where meaning is reduced. When someone says, for example: “The world, for me, just doesn't mean the same without her,” we see there's a removal of meanings in that expression. The dominationists use this system of expansion and reduction of meanings all the time to insert ideas into the social body. That's why it's important we talk a bit about these mental processes and look at the effect certain concepts have on us.

^(6th) One feeling that strips away conclusions and drastically narrows meaning is mockery. That happens because it carries a massive psychic force and makes an extreme denial. Because of that, it completely reverses concepts. The act of mocking is the opposite of believing — and mockery fights faith. That can even have a good use when someone needs to clear out bad understandings. But it has a terrible use when it blocks good paths of understanding and spreads shame and prejudice. And since it's such a powerful method for pushing ideas, it's one of the dominationists' favorite tools — usually through comedy shows.

^(7th) Another example of a word that's key to our psychic world is “house.” The word “house” often mirrors our mental state. Jung, for example, described a dream where he was inside a house he recognized as his own. In it, there were underground levels that represented his stages of intellectual growth, from Anthropology all the way to Psychology¹¹⁹.

¹¹⁹ *Man and his symbols*, by Carl G. Jung, p. 56 — “I had a dream when I was working with Freud that illustrates this point. I dreamed that I was in “my home,” apparently on the first floor, in a cozy, pleasant sitting room furnished in the manner of the 18th century. I was astonished that I had never seen this room before and began to wonder what the ground floor was like. I went downstairs and found the place was rather dark, with paneled walls and heavy furniture dating from the 16th century or even earlier. My surprise and curiosity increased. I wanted to see more of the whole structure of this house. So, I went down to the cellar, where I found a door

(8th) A person who dreams of a messy house might be going through psychological confusion. So there can be countless associations, because the house is important to us; it sparks in us a deeply personal feeling onto which we project our identity.

(9th) Linked to the idea of house, each person develops many subliminal associations. They're the sensations we've picked up from our experience with the object or the word "house." So this object will carry, for us, a feeling shaped by the affections or traumas it transmits to us. The same happens with many other words, but many of them carry less psychological weight than this one.

(10th) The world we know corresponds to the electric impressions we experience. The layers that build thoughts in our minds intensify the energetic charge of each word. At the same time, broader visions of knowledge expand our capacity to read the world.

(11th) Alongside that, because we're so tied to our words, suppressing or stripping away too many conclusions too quickly is a big psychological risk. Our thoughts are mainly electrical transmissions. And in any electrical circuit, overloads are dangerous. We too are a circuit at risk.

(12th) Enlightenment, for example, is a complex psychic act that involves an overload. In it, a person reaches many conclusions at once. Children's illustrations often represent the act of "having an idea" with light bulbs appearing above characters' heads. We can use that image too. Each light that turns on represents an expanding circuit of thought. And that process can repeat itself at deeper levels. When we find a Lamp, it's when we've reached a conclusion. Each lamp is like a reasoning path we've gained access to — one we couldn't reach before.

(13th) Our sensations are reflections of electrochemical operations in our body. They're triggered by the chemical conduits we form — mental channels. The mental channels are like streams that function like electrical wiring. The deeper they go, the more they affect our psyche. That can transform us both in the sense of illuminating our understanding, and in the sense of darkening it. It all depends on whether they're being built in a positive, expansive direction, or in a negative, reductive one.

opening onto a flight of stone steps that led to a large vaulted room. The floor consisted of large slabs of stone, and the walls seemed very ancient. I examined the mortar and found it was mixed with splinters of brick. Obviously, the walls were of Roman origin. I became increasingly excited. In one corner, I saw an iron ring on a stone slab. I pulled up the slab and saw yet another narrow flight of steps leading to a kind of cave, which seemed to be a prehistoric tomb, containing two skulls, some bones, and broken shards of pottery. Then I woke up".

(14th) An example of one of our core psychological processes that reduces meaning when it gets sick is vanity. Sick vanity works like a major psychological detour.

(15th) Vanity is the process of individuation where a person self-defines and the traits they perceive get added to their personality. It's like saying: "I have this trait, that other one, and so on." When this mechanism gets sick, the person clings too tightly to one trait, like: "I'm beautiful," and that weakens their sense of wholeness.

(16th) Vanity is more connected to self-love, while pride is more connected to dignity. Both kinds of feelings are expansive, but when they get sick, they turn reductive.

(17th) The system we live in — which conspires against our psychological health — works by making these feelings sick. On top of that, it deliberately confuses pride with vanity. And since vanity is dogmatized as if it were always a sin, these feelings are treated like a taboo, something society doesn't talk about. Not talking about it creates emotional buildup around those feelings that don't get released, which creates tension — something negative.

(18th) Semantic fields are fields of energy. Meanings are, for us, sensations — and they can carry positive or negative energy. They gather together according to their tendencies. Because of that, they form clusters of feelings that are smaller than our personality but bigger than a word. These clusters can be neutral if the energies balance out. But when they're charged with positive or negative emotional force, they become what we call our inner *angels* and *demons*.

(19th) These structures can influence our personality and turn us into angels or demons. Demons reflect an accumulation of tensions, but they don't always have a clear motivation. Prejudices, for example, are "pre-concepts," meaning concepts that come before knowledge. They're demons — and the source of the inner demons built from bad concepts and feelings we hold about things even before we actually know them.

(20th) The influence of inner demons can appear at different intensities. When they start becoming problematic, they manifest as anxiety crises, which can progress into other diagnoses. In panic syndrome¹²⁰ or night terrors, for example, the individual gets wrapped in fear. Demonic influence on our identity are the reflection of the inner terrorism we practice against ourselves.

(21st) In the same way that true knowledge stabilizes the social mind, faith in what is good — individually — is a mental act that guides us to eliminate our inner demons. So we do have a way to get rid of those tensions: by cultivating in ourselves a positive outlook on everything that happens to us. Only then can we keep our minds free of demons. And that way, they can't affect us — not even if we believe in spirits and some hostile ones try to disturb us.

(22nd) Jealousy and envy, for example, are inner demons born out of vanity. They're corrupted forms of self-definition that make us deny others. To deny is to subtract. The person falls into the illusion that they can stand out by erasing someone else. This kind of

¹²⁰ *Panic syndrome* — or panic disorder (episodic paroxysmal anxiety) — is a psychological condition in which a person experiences sudden spikes of anxiety, full of feelings of fear and despair, together with physical symptoms. During these episodes the person may feel as if they're going to die, lose control of themselves, or go insane.

psychological denial is what shapes what we call the negative ego. The negative ego is an *Ego* that denies — a personality built out of our vanities. But it's only a shadow, an inverted projection of who we really are, a sub-personality living inside us.

(23rd) It's hard for us to recognize when vanity becomes unhealthy, because an ego ruled by arrogance will always praise its own traits. And that feels good. But at the same time, it tends to destroy whatever is different, just to derive more pleasure from itself. In reality, that comes from insecurity — it keeps us defensive against others. The problem is, that's not a healthy defense. It pushes us to become harmful without guaranteeing we will avoid harm.

(24th) If someone manages to avoid sick vanity, jealousy, and envy, they're avoiding a whole set of negative patterns. These feelings are chemical processes, which means they literally shape our bodies. A lack of mental discipline can create negative conditioning, even if a person never speaks about their bad feelings and just holds onto them quietly. In the end, those conditionings merge into their personality.

(25th) Take a simple example to show the difference between pride, sick vanity, and the negative ego. Imagine a group of people cleaning out a fridge. The person driven by pride might look at the job and say: "I did a great job cleaning this fridge — I'm good at this! Look, this spot was stained and now it's shining! Even this logo was hidden before!" In that case, the object — the fridge — is what's being seen.

(26th) The vain one, after the same task, might say: "I did a great job cleaning this fridge — I'm good at this! Whenever I take something on, I stand out. I pay attention to details!" and so on, continuing to speak only about themselves. The vain person stops seeing the object or the others. They act this way because they need to keep defining and recognizing themselves.

(27th) Now, if the one cleaning is dominated by the negative ego, they might say: "I did a great job cleaning this fridge — I'm good at this! If it weren't for me, who knows what would've happened to this piece of junk? It smelled awful! Nobody even wanted to use it anymore!" The negative ego, in this case, downplays others by subtracting their positive traits and highlighting only the negatives.

(28th) And if the ego is even sicker, the person might say: "Yeah, I cleaned this junk, but I'm not good at it anymore! Because before, I used to clean happily, but now, I clean with sadness!" Here, the negative ego subtracts even the person's own positive traits. Affection is replaced with rejection and self-deprecation. The negative ego works against faith in oneself and in others.

(29th) Some religious people, for instance, carry a kind of faith in God that's actually negative, because it weakens their faith in themselves. And that kind of inner faith is just as necessary.

(30th) A lack of personal faith is, in many ways, the same as indignity. The truth is, shame for bad behavior — a feeling of indignity — and pride for good behavior — a feeling of dignity — are both important references for us. But beyond what pushes us toward one or the other, human beings need to feel worthy if they want to give true meaning to their lives. And by the way, we shouldn't confuse humility with humiliation. Humility is necessary, but humiliation should be avoided.

(31st) Humility and faith in oneself aren't opposite feelings — they complement each other. Humility is also important for us because it keeps vanity in check. A lack of humility leads us into unhealthy vanity and a destructive ego. Without humility, we get stuck on

ourselves and stop progressing, because we stop seeing greater truths — and we stop seeing others.

(32nd) True humility comes from recognizing that we are small before higher truths. It makes us more balanced in relation to the whole and keeps us from idolizing ourselves. After all, there will always be someone better than us, and we need to be ready to submit and be obedient to the greater truths (God), which can reveal themselves through anyone.

(33rd) The kind of pride we should have is humble pride — without becoming attached to our qualities, which is when we become vain. It's a pride reflected in the joy of having something good without letting it make us harmful.

(34th) These issues, which may seem small, are psychological battles we need to face for our balance, and they take happen at the level of meaning.

(35th) Another important point for our inner communication is feedback. In fact, feedback is essential in communication in general.

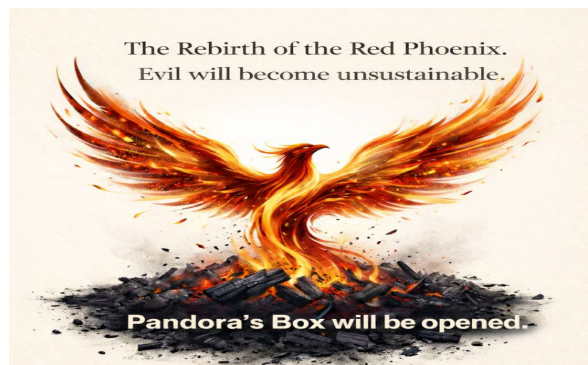
(36th) Take a musician, for example, who tests the feedback system of the venue before a performance. That act is essential, because musical notes can't have their tones altered, or the show falls apart. The sounds need to keep their exact proportion with each other. Since conditions are always changing, instruments always need tuning and testing by the musician before an orchestra plays, checking how the sound is received and whether it's clear. That's how it is with us too, when it comes to the meaning of words. We always need feedback to make sure meaning is being understood.

(37th) We constantly need to form conclusions, and feedback is essential for that. That's why we test our words to check for errors or success. If we say a word and the listener doesn't understand it, we struggle to complete our line of reasoning. That's why human evolution is collective, even though salvation is individual. We need others to even check our own understanding.

(38th) The need to understand can drive us to exhaust all our resources. That's why it is one of the main targets of sabotage in the construction of the Tower of Babel. We must understand each other in order to make ourselves understood.

(39th) So we should always search for the deepest possible understanding of facts, so that we don't lose that understanding at the next stage. Our evolution is directly tied to the evolution of our language and our ability to read reality. Using positive and precise words helps simplify this journey and lights up our minds.

(40th) Words have power! But don't forget, their greatest power is over the speaker. That's why the search for the right words and true understanding must never end.



Below, *Jornal do Brasil* on May 20, 1967, announces the withdrawal of UN forces that were easing the conflicts between Arabs and Jews. Reference - DINES, Alberto (ed.). 'UN dissolves its forces, and tension between Arabs and Jews worsens.' *Jornal do Brasil*, 1st section, p. 8. Rio de Janeiro: May 20, 1967.

Para o espectador casual, parecia um sortimento estranho de automóveis, caminhões, abertos e fechados, e motocicletas. Os mais informados, porém, sabiam tratar-se de um conjunto de veículos elétricos da História. Mas para os Senadores Warren Magnuson (democrata, de Washington) e Edmund Muskie (democrata, de Maine) foi evidente que seria de investigar nas condições da indústria de carros elétricos e determinar qual o papel do Governo federal na aceleração de seu desenvolvimento.

Foi isso que aconteceu na abertura de uma investigação, no Senado, sobre veículos elétricos, estimulada pela campanha contra a poluição do ar, e presidida pelo Senador Magnuson, e a subcomissão de Muskie, sobre o controle da poluição, estão estudando dois projetos de lei que determinam uma verba de 15,5 milhões de dólares para subsídio e coordenação da indústria de carros elétricos. Cerca de 10,5 milhões irão para o Departamento de Transporte e cinco milhões para o Departamento de Saúde, Educação e Bem-Estar.

POTENCIAL

Pouco antes da investigação, a Comissão Federal de Energia anunciou que Federalistas e Democratas poderiam alcançar o suficiente para aprovar uma lei que autorizaria o desenvolvimento de veículos elétricos poderosos atingir de 1,5 a dois milhões de dólares em 1980, e de três a quatro milhões, em 1985.

No momento, segundo o relatório da subcomissão de Energia, há um mercado em potencial para 20 milhões de carros elétricos.

Isso e mais a atmosfera carregada de publicidade atraíram fabricantes de baterias, grupos de aparelhos elétricos e fabricantes de motores elétricos a se juntarem aos seus rivais no favor dos veículos elétricos, com Detroit ou independentemente.

A ajuda do Governo federal é extremamente questão aberta. Afirma Alan S. Boyd, Secretário de Transporte e Infra-estrutura, "estou preparado para definir o papel do Governo federal no desenvolvimento do carro elétrico. No momento não deve haver qualquer esforço para financiar o desenvolvimento de veículos elétricos, pois a indústria automobilística tem responsabilidade inicial na pesquisa."

Jackie, entretanto, põe dúvidas quanto a estar a indústria automobilística agindo "com urgência suficiente" na questão dos veículos com propulsão elétrica.

PRIMEIROS PASSOS

Dean Coston, Subsecretário de Saúde, Educação e Bem-Estar, não acredita na necessidade de financiamento imediato por parte do Governo federal mas reconhece que seu departamento vai assinar com Arthur D. Little, um contrato de 75 000 dólares e um outro de 45 000 dólares com o Batelle Memorial Institute, para estudar os aspectos técnicos dos veículos elétricos, como solução para o problema da poluição do ar.

Pondo de lado o financiamento federal, sérios problemas técnicos ainda precisam ser resolvidos, por ser necessária a construção de uma bateria de peso leve e alto poder, que possa ser facilmente recarregada.

Os dois principais contendoros nesse ponto parecem ser a bateria de sódio e enxofre, da Ford, e a bateria de zinco-ar, tentada pela General Dynamics, e os laboratórios de Leconsa Moss.

A exposição inclui um Renault equipado com baterias de fabricação da Leconsa Moss; um Yarnsey Electric Corp; outro Renault equipado com células de chumbo-zinco, da Electric Storage Battery Co.; um Corvair de propulsão a bateria; um camião de entrega de Leconsa, com células elétricas, como solução para o problema da poluição do ar.

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Below, a news piece also from the *Jornal do Brasil*, dated January 5, 1971, announcing the production of another 199 electric car models in Japan.¹²¹

SIL □ Rio de Janeiro, terça-feira, 5 de janeiro de 1971 □ PÁGINA 7

DO JEITO QUE O MUNDO VAI



Elétrico para o centro

O Salão Internacional do Motor em Tóquio apresentou este ano 199 modelos novos de carros esporte, numa exposição da qual participaram 33 fabricantes estrangeiros. O Salão contou com uma seção especial dedicada à segurança e à contaminação, demonstrando o interesse dos fabricantes em combater os dois principais males do automobilismo.

Na foto, um pequeno carro elétrico de fabricação japonesa. O carro elétrico, de fácil manejo e sem nenhum problema de poluição do ar, tem despertado interesse crescente, podendo vir a ser a solução ideal para os problemas de trânsito urbano. (Foto EFE)

In the next section, newspaper images with a contemporary report on the Miracle of Fátima. In 1917, three mediums, Lúcia (ten years old), Francisco (nine), and Jacinta (seven), together communicated with a woman who claimed to be from Heaven. The woman seen by the mediums identified herself as the Mother of Jesus Christ. Among the three, The two youngest departed from apparently natural causes in 1919 and 1920. The eldest, Lúcia, was soon after, in 1921, admitted to the Asilo do Vilar, a school, where she lived in seclusion until 2005, when she passed away. Adapted translation — copy of the original image contained in the Portuguese edition.

¹²¹ Available at: https://news.google.com/newspapers?nid=0qX8s2k1IRwC&dat=19920614&b_mode=2



The people kneel, looking upward

Supernatural manifestations occurred without fear that the bad weather would diminish their splendor and grandeur.

I saw that discouragement did not invade the *souls*, that confidence remained alive and burning despite unexpected setbacks; that the *compostura* of the crowd—mostly composed of peasants—was perfect; and that the children, believed to be privileged, were received with the deepest affection by that same people who knelt, uncovered their heads, and prayed at their command, as the hour of the “miracle” approached—the hour of the visible sign, the mystical and longed-for moment of contact between Heaven and Earth.

And just when I thought I could see nothing more impressive than that slow-moving but peaceful crowd, driven by the same obsessive idea and moved by the same powerful longing, what did I still see on the moor of Fatima that was truly strange?



The three children who said the Virgin spoke to them.

The rain, at the foretold hour, ceased to fall; the dense mass of clouds broke apart, and the sun—a disk of pale silver—appeared at its zenith and began to dance in a wild and convulsive motion. Many people imagined it as a serpentine dance, with such beautiful and dazzling colors that successively cloaked the surface of the sun...

A miracle? As the people shouted?

A natural phenomenon? As the scholars say?

I do not concern myself now with knowing, but only in affirming what I saw...

The rest is up to science and the Church.

— Avelino de Almeida



The people kneeling and witnessing the miracle (1916)

(Cliche di Benedetti)